US HARBORS www.USHarbors.com

Portland, OR - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:04	2.3	7:54	2.7	3:27	0.4	3:07	0.9	7:50	4:38	
2	Fri	8:49	2.4	8:45	2.4	3:50	0.4	3:58	1.0	7:50	4:39	
3	Sat	9:38	2.6	9:46	2.1	4:17	0.4	5:05	1.1	7:50	4:40	
4	Sun	10:31	2.8	10:57	1.8	4:49	0.4	6:59	1.1	7:50	4:41	
5	Mon	11:26	3.1			5:27	0.4	8:40	0.9	7:50	4:42	
6	Tue	12:13	1.7	12:21	3.3	6:10	0.4	9:47	0.6	7:50	4:43	
7	Wed	1:24	1.6	1:16	3.5	6:57	0.5	10:42	0.3	7:49	4:44	
8	Thu	2:25	1.7	2:10	3.6	7:51	0.5	11:31	0.0	7:49	4:45	
9	Fri	3:19	1.8	3:02	3.7	9:01	0.6			7:49	4:46	
10	Sat	4:07	1.9	3:52	3.7	12:16	-0.1	10:42 AM	0.6	7:49	4:47	
11	Sun	4:53	2.1	4:41	3.7	1:00	-0.2	11:57 AM	0.6	7:48	4:49	
12	Mon	5:38	2.2	5:28	3.5	1:41	-0.2	12:57	0.6	7:48	4:50	
13	Tue	6:23	2.3	6:16	3.2	2:19	-0.2	1:52	0.6	7:47	4:51	
14	Wed	7:09	2.4	7:04	2.9	2:56	-0.1	2:46	0.7	7:47	4:52	
15	Thu	7:57	2.5	7:56	2.6	3:29	0.0	3:41	0.8	7:46	4:54	
16	Fri	8:46	2.6	8:53	2.2	3:59	0.2	4:46	1.0	7:45	4:55	
17	Sat	9:36	2.6	10:01	2.0	4:23	0.3	6:09	1.0	7:45	4:56	
18	Sun	10:26	2.7	11:22	1.8	4:43	0.4	7:35	0.9	7:44	4:57	
19	Mon	11:17	2.7			5:11	0.5	8:44	0.7	7:43	4:59	
20	Tue	12:45	1.8	12:08	2.8	5:50	0.6	9:41	0.5	7:43	5:00	
21	Wed	1:52	1.8	12:58	2.8	6:37	0.6	10:30	0.4	7:42	5:02	
22	Thu	2:45	1.9	1:48	2.9	7:30	0.7	11:14	0.2	7:41	5:03	
23	Fri	3:29	2.0	2:35	3.0	8:30	0.7	11:55	0.2	7:40	5:04	
24	Sat	4:06	2.1	3:21	3.1	9:42	0.7			7:39	5:06	
25	Sun	4:39	2.1	4:04	3.1	12:32	0.2	10:56 AM	0.7	7:38	5:07	
26	Mon	5:10	2.2	4:46	3.1	1:05	0.2	11:56 AM	0.6	7:37	5:09	
27	Tue	5:41	2.3	5:27	3.1	1:35	0.2	12:46	0.6	7:36	5:10	
28	Wed	6:13	2.4	6:08	3.0	2:01	0.2	1:32	0.7	7:35	5:11	
29	Thu	6:48	2.6	6:50	2.8	2:23	0.3	2:17	0.7	7:34	5:13	
30	Fri	7:26	2.7	7:35	2.6	2:44	0.3	3:02	0.8	7:33	5:14	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**8:08**	2.9	**8:24**	2.3	**3:07**	0.3	**3:53**	0.9	7:32	5:16	