US HARBORS www.USHarbors.com

Portland, OR - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:34	3.3	8:09	2.1	2:32	0.3	3:58	0.7	6:47	5:57	
2	Mon	8:20	3.4	9:07	1.8	3:03	0.4	5:06	0.8	6:46	5:59	
3	Tue	9:12	3.4	10:16	1.7	3:39	0.4	6:33	0.8	6:44	6:00	
4	Wed	10:10	3.3	11:32	1.6	4:23	0.5	7:53	0.7	6:42	6:02	
5	Thu	11:14	3.2			5:16	0.6	8:56	0.5	6:40	6:03	
6	Fri	12:46	1.7	12:22	3.1	6:20	0.7	9:49	0.3	6:38	6:04	
7	Sat	1:48	1.9	1:29	3.0	7:54	0.7	10:35	0.2	6:37	6:06	
8	Sun	3:41	2.2	3:30	3.0	10:46	0.6			7:35	7:07	
9	Mon	4:27	2.4	4:25	3.0	12:18	0.1	12:01	0.5	7:33	7:08	
10	Tue	5:08	2.7	5:15	2.9	12:58	0.1	1:02	0.4	7:31	7:10	
11	Wed	5:48	2.9	6:02	2.8	1:35	0.1	1:56	0.3	7:29	7:11	
12	Thu	6:26	3.0	6:48	2.6	2:09	0.1	2:47	0.3	7:27	7:12	
13	Fri	7:03	3.0	7:34	2.4	2:38	0.2	3:35	0.4	7:25	7:14	
14	Sat	7:40	3.1	8:23	2.2	3:03	0.3	4:23	0.5	7:23	7:15	
15	Sun	8:18	3.0	9:17	2.0	3:25	0.4	5:14	0.7	7:22	7:16	
16	Mon	8:59	2.9	10:23	1.9	3:50	0.5	6:13	0.8	7:20	7:18	
17	Tue	9:43	2.8	11:49	1.8	4:24	0.6	7:23	0.9	7:18	7:19	
18	Wed	10:34	2.7			5:06	0.6	8:32	0.8	7:16	7:20	
19	Thu	1:17	1.9	11:33 AM	2.5	5:56	0.7	9:30	0.8	7:14	7:22	
20	Fri	2:14	2.0	12:40	2.5	6:52	0.7	10:18	0.7	7:12	7:23	
21	Sat	2:58	2.1	1:48	2.5	7:56	0.7	10:59	0.6	7:10	7:24	
22	Sun	3:32	2.2	2:51	2.5	9:13	0.7	11:36	0.5	7:08	7:26	
23	Mon	4:01	2.4	3:44	2.6	10:43	0.7			7:06	7:27	
24	Tue	4:29	2.5	4:30	2.6	12:09	0.5	11:54 AM	0.6	7:04	7:28	
25	Wed	4:59	2.7	5:13	2.6	12:38	0.5	12:52	0.5	7:03	7:29	
26	Thu	5:31	3.0	5:55	2.5	1:07	0.5	1:44	0.4	7:01	7:31	
27	Fri	6:06	3.2	6:37	2.4	1:34	0.5	2:32	0.4	6:59	7:32	
28	Sat	6:42	3.4	7:20	2.3	2:02	0.5	3:19	0.4	6:57	7:33	
29	Sun	7:22	3.6	8:07	2.1	2:33	0.5	4:07	0.4	6:55	7:35	
30	Mon	8:05	3.6	8:58	1.9	3:06	0.5	4:59	0.5	6:53	7:36	
31	Tue	8:53	3.5	9:56	1.8	3:43	0.5	5:58	0.6	6:51	7:37	