US HARBORS www.USHarbors.com

Portland, OR - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:10	2.0	4:58	3.8	1:18	-0.2	12:07	0.6	7:50	4:38	
2	Sat	5:54	2.1	5:45	3.7	1:58	-0.2	1:06	0.6	7:50	4:39	
3	Sun	6:39	2.3	6:33	3.4	2:36	-0.2	2:00	0.6	7:50	4:39	
4	Mon	7:27	2.4	7:24	3.1	3:12	-0.1	2:56	0.7	7:50	4:40	
5	Tue	8:18	2.5	8:18	2.7	3:47	0.0	3:56	0.8	7:50	4:42	
6	Wed	9:12	2.6	9:19	2.3	4:21	0.1	5:11	1.0	7:50	4:43	
7	Thu	10:08	2.7	10:30	2.0	4:53	0.2	6:43	1.0	7:50	4:44	
8	Fri	11:04	2.8	11:49	1.8	5:24	0.3	8:07	0.8	7:49	4:45	
9	Sat	11:58	2.9			5:58	0.4	9:14	0.6	7:49	4:46	
10	Sun	1:05	1.8	12:50	3.0	6:37	0.5	10:10	0.4	7:49	4:47	
11	Mon	2:09	1.9	1:38	3.0	7:22	0.6	10:59	0.2	7:48	4:48	
12	Tue	3:01	2.0	2:25	3.1	8:16	0.7	11:44	0.1	7:48	4:49	
13	Wed	3:46	2.0	3:09	3.1	9:26	0.7			7:47	4:51	
14	Thu	4:25	2.1	3:52	3.1	12:26	0.1	10:44 AM	0.7	7:47	4:52	
15	Fri	5:02	2.2	4:34	3.1	1:04	0.1	11:42 AM	0.7	7:46	4:53	
16	Sat	5:37	2.2	5:16	3.1	1:37	0.2	12:30	0.7	7:46	4:55	
17	Sun	6:11	2.3	5:57	3.0	2:06	0.3	1:14	0.7	7:45	4:56	
18	Mon	6:46	2.4	6:39	2.8	2:29	0.4	1:57	0.7	7:44	4:57	
19	Tue	7:22	2.5	7:22	2.6	2:48	0.4	2:40	0.8	7:44	4:58	
20	Wed	8:02	2.6	8:09	2.4	3:07	0.4	3:26	0.9	7:43	5:00	
21	Thu	8:45	2.7	9:03	2.1	3:31	0.4	4:21	1.0	7:42	5:01	
22	Fri	9:32	2.8	10:07	1.8	4:03	0.4	5:44	1.1	7:41	5:03	
23	Sat	10:24	2.9	11:22	1.6	4:42	0.5	7:43	1.0	7:40	5:04	
24	Sun	11:20	3.1			5:26	0.5	9:00	0.7	7:39	5:05	
25	Mon	12:38	1.6	12:17	3.2	6:14	0.6	9:57	0.5	7:38	5:07	
26	Tue	1:44	1.6	1:15	3.3	7:07	0.6	10:46	0.2	7:37	5:08	
27	Wed	2:37	1.7	2:11	3.5	8:09	0.7	11:30	0.0	7:36	5:10	
28	Thu	3:24	1.9	3:05	3.6	9:37	0.7			7:35	5:11	
29	Fri	4:08	2.1	3:56	3.6	12:12	-0.1	11:05 AM	0.6	7:34	5:13	
30	Sat	4:50	2.3	4:45	3.5	12:51	-0.2	12:12	0.5	7:33	5:14	
31	Sun	5:33	2.5	5:33	3.4	1:28	-0.2	1:09	0.5	7:32	5:15	