US HARBORS www.USHarbors.com

Portland, OR - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:07	2.9	5:20	3.0	12:54	-0.1	1:10	0.3	6:48	5:57	
2	Tue	5:48	3.1	6:08	2.8	1:28	0.0	2:03	0.3	6:46	5:58	
3	Wed	6:30	3.2	6:57	2.5	2:00	0.0	2:56	0.4	6:44	6:00	
4	Thu	7:12	3.1	7:49	2.2	2:30	0.1	3:52	0.5	6:42	6:01	
5	Fri	7:55	3.1	8:48	2.0	2:59	0.2	4:53	0.7	6:41	6:03	
6	Sat	8:41	2.9	10:00	1.9	3:28	0.4	6:04	0.8	6:39	6:04	
7	Sun	9:31	2.8	11:26	1.8	4:02	0.5	7:17	0.8	6:37	6:05	
8	Mon	10:27	2.6			4:44	0.6	8:20	0.7	6:35	6:07	
9	Tue	12:44	1.9	11:29 AM	2.5	5:34	0.7	9:14	0.6	6:33	6:08	
10	Wed	1:40	2.0	12:34	2.5	6:33	0.8	10:00	0.5	6:31	6:09	
11	Thu	2:24	2.2	1:37	2.5	7:47	0.8	10:41	0.5	6:30	6:11	
12	Fri	3:00	2.3	2:33	2.6	9:27	0.7	11:17	0.5	6:28	6:12	
13	Sat	3:31	2.4	3:21	2.6	10:38	0.6	11:48	0.5	6:26	6:13	
14	Sun	5:01	2.6	5:05	2.7			12:34	0.5	7:24	7:15	
15	Mon	5:31	2.7	5:46	2.6	1:16	0.5	1:24	0.4	7:22	7:16	
16	Tue	6:02	2.9	6:26	2.5	1:40	0.5	2:10	0.4	7:20	7:17	
17	Wed	6:35	3.1	7:06	2.4	2:03	0.5	2:54	0.4	7:18	7:19	
18	Thu	7:10	3.2	7:48	2.2	2:28	0.5	3:38	0.5	7:16	7:20	
19	Fri	7:48	3.3	8:33	2.1	2:56	0.5	4:23	0.6	7:14	7:21	
20	Sat	8:29	3.4	9:23	1.9	3:29	0.5	5:13	0.7	7:13	7:23	
21	Sun	9:16	3.3	10:21	1.8	4:06	0.6	6:16	0.7	7:11	7:24	
22	Mon	10:09	3.2	11:29	1.7	4:47	0.6	7:31	0.8	7:09	7:25	
23	Tue	11:09	3.1			5:35	0.7	8:42	0.7	7:07	7:27	
24	Wed	12:39	1.8	12:15	3.0	6:31	0.7	9:40	0.6	7:05	7:28	
25	Thu	1:43	1.9	1:24	2.9	7:41	0.8	10:30	0.4	7:03	7:29	
26	Fri	2:39	2.2	2:31	2.9	9:27	0.7	11:15	0.3	7:01	7:30	
27	Sat	3:28	2.5	3:32	2.9	11:03	0.6	11:57	0.2	6:59	7:32	
28	Sun	4:14	2.8	4:27	2.8			12:13	0.4	6:57	7:33	
29	Mon	4:56	3.1	5:18	2.7	12:37	0.2	1:13	0.3	6:55	7:34	
30	Tue	5:38	3.2	6:07	2.6	1:15	0.2	2:07	0.2	6:54	7:36	
31	Wed	6:18	3.3	6:55	2.4	1:51	0.2	2:59	0.2	6:52	7:37	