

Portland, OR - Jan 2016

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|-----|----------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 10:03 | 2.3 | 10:07 | 2.1 | 4:46 | 0.6 | 5:13 | 1.1 | 7:50 | 4:37 | ☾ |
| 2 | Sat | 10:57 | 2.4 | 11:25 | 2.0 | 5:09 | 0.6 | 7:09 | 1.1 | 7:50 | 4:38 | ☾ |
| 3 | Sun | 11:48 | 2.6 | | | 5:45 | 0.5 | 8:34 | 0.9 | 7:50 | 4:39 | ☾ |
| 4 | Mon | 12:44 | 2.0 | 12:36 | 2.8 | 6:30 | 0.5 | 9:36 | 0.7 | 7:50 | 4:40 | ☾ |
| 5 | Tue | 1:48 | 2.0 | 1:21 | 3.0 | 7:19 | 0.5 | 10:27 | 0.4 | 7:50 | 4:41 | ☾ |
| 6 | Wed | 2:39 | 2.0 | 2:05 | 3.1 | 8:11 | 0.5 | 11:14 | 0.3 | 7:50 | 4:42 | ☾ |
| 7 | Thu | 3:20 | 2.0 | 2:48 | 3.3 | 9:07 | 0.6 | 11:58 | 0.1 | 7:50 | 4:43 | ☾ |
| 8 | Fri | 3:58 | 2.0 | 3:30 | 3.5 | 10:09 | 0.6 | | | 7:49 | 4:44 | ☾ |
| 9 | Sat | 4:34 | 2.1 | 4:12 | 3.6 | 12:38 | 0.0 | 11:11 AM | 0.6 | 7:49 | 4:45 | ☾ |
| 10 | Sun | 5:11 | 2.1 | 4:54 | 3.6 | 1:17 | 0.0 | 12:07 | 0.6 | 7:49 | 4:47 | ☾ |
| 11 | Mon | 5:49 | 2.2 | 5:38 | 3.6 | 1:54 | 0.0 | 12:58 | 0.7 | 7:48 | 4:48 | ☾ |
| 12 | Tue | 6:30 | 2.3 | 6:24 | 3.5 | 2:29 | 0.0 | 1:46 | 0.7 | 7:48 | 4:49 | ☾ |
| 13 | Wed | 7:13 | 2.4 | 7:11 | 3.3 | 3:03 | 0.1 | 2:34 | 0.7 | 7:48 | 4:50 | ☾ |
| 14 | Thu | 8:01 | 2.5 | 8:03 | 3.0 | 3:36 | 0.1 | 3:26 | 0.8 | 7:47 | 4:51 | ☾ |
| 15 | Fri | 8:54 | 2.6 | 9:01 | 2.7 | 4:09 | 0.2 | 4:28 | 0.9 | 7:46 | 4:53 | ☾ |
| 16 | Sat | 9:50 | 2.8 | 10:07 | 2.4 | 4:44 | 0.2 | 5:52 | 1.0 | 7:46 | 4:54 | ☾ |
| 17 | Sun | 10:49 | 2.9 | 11:18 | 2.1 | 5:22 | 0.3 | 7:29 | 0.9 | 7:45 | 4:55 | ☾ |
| 18 | Mon | 11:48 | 3.0 | | | 6:05 | 0.3 | 8:48 | 0.7 | 7:45 | 4:57 | ☾ |
| 19 | Tue | 12:31 | 2.0 | 12:45 | 3.2 | 6:57 | 0.4 | 9:51 | 0.4 | 7:44 | 4:58 | ☾ |
| 20 | Wed | 1:38 | 2.0 | 1:39 | 3.2 | 8:03 | 0.5 | 10:46 | 0.2 | 7:43 | 4:59 | ☾ |
| 21 | Thu | 2:37 | 2.1 | 2:30 | 3.3 | 9:24 | 0.5 | 11:36 | 0.0 | 7:42 | 5:01 | ☾ |
| 22 | Fri | 3:28 | 2.1 | 3:18 | 3.3 | 10:34 | 0.6 | | | 7:41 | 5:02 | ☾ |
| 23 | Sat | 4:14 | 2.2 | 4:03 | 3.3 | 12:22 | 0.0 | 11:33 AM | 0.6 | 7:41 | 5:03 | ☾ |
| 24 | Sun | 4:57 | 2.3 | 4:46 | 3.2 | 1:04 | 0.0 | 12:24 | 0.6 | 7:40 | 5:05 | ☾ |
| 25 | Mon | 5:37 | 2.3 | 5:29 | 3.1 | 1:43 | 0.0 | 1:10 | 0.7 | 7:39 | 5:06 | ☾ |
| 26 | Tue | 6:17 | 2.3 | 6:12 | 3.0 | 2:18 | 0.2 | 1:51 | 0.7 | 7:38 | 5:08 | ☾ |
| 27 | Wed | 6:56 | 2.4 | 6:56 | 2.8 | 2:48 | 0.3 | 2:29 | 0.8 | 7:37 | 5:09 | ☾ |
| 28 | Thu | 7:36 | 2.4 | 7:43 | 2.6 | 3:10 | 0.4 | 3:07 | 0.9 | 7:36 | 5:10 | ☾ |
| 29 | Fri | 8:19 | 2.5 | 8:35 | 2.3 | 3:27 | 0.4 | 3:48 | 0.9 | 7:35 | 5:12 | ☾ |
| 30 | Sat | 9:04 | 2.5 | 9:37 | 2.1 | 3:47 | 0.4 | 4:42 | 1.0 | 7:34 | 5:13 | ☾ |
| 31 | Sun | 9:53 | 2.6 | 10:49 | 1.9 | 4:19 | 0.4 | 6:22 | 1.1 | 7:32 | 5:15 | ☾ |