



































Portland, OR - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:14	1.9	12:46	2.9	7:00	0.4	9:31	0.6	7:50	4:37	
2	Mon	1:24	1.9	1:28	3.0	7:22	0.5	10:27	0.4	7:50	4:38	
3	Tue	2:24	1.9	2:09	3.2	7:48	0.6	11:17	0.2	7:50	4:39	
4	Wed	3:15	1.9	2:48	3.2	8:26	0.6			7:50	4:40	
5	Thu	4:00	1.9	3:28	3.3	12:02	0.1	9:16 AM	0.7	7:50	4:41	
6	Fri	4:41	2.0	4:08	3.3	12:44	0.1	10:25 AM	0.8	7:50	4:42	
7	Sat	5:19	2.0	4:48	3.3	1:23	0.1	11:35 AM	0.8	7:50	4:43	
8	Sun	5:56	2.0	5:29	3.2	1:59	0.2	12:29	0.8	7:49	4:45	
9	Mon	6:33	2.0	6:10	3.1	2:30	0.3	1:17	0.8	7:49	4:46	
10	Tue	7:10	2.1	6:53	2.9	2:57	0.4	2:02	0.8	7:49	4:47	
11	Wed	7:49	2.2	7:39	2.7	3:20	0.4	2:47	0.9	7:48	4:48	
12	Thu	8:32	2.3	8:28	2.5	3:41	0.4	3:34	1.0	7:48	4:49	
13	Fri	9:19	2.4	9:26	2.2	4:07	0.4	4:30	1.1	7:47	4:50	
14	Sat	10:09	2.6	10:33	1.9	4:38	0.4	5:59	1.2	7:47	4:52	
15	Sun	11:00	2.9	11:48	1.7	5:14	0.4	8:07	1.0	7:46	4:53	
16	Mon	11:53	3.1			5:54	0.4	9:25	0.7	7:46	4:54	
17	Tue	1:02	1.6	12:46	3.3	6:38	0.5	10:22	0.4	7:45	4:56	
18	Wed	2:06	1.6	1:39	3.5	7:25	0.5	11:12	0.2	7:44	4:57	
19	Thu	3:00	1.7	2:32	3.7	8:19	0.6	11:59	0.0	7:44	4:58	
20	Fri	3:48	1.8	3:23	3.8	9:33	0.7			7:43	5:00	
21	Sat	4:34	1.9	4:13	3.8	12:42	-0.2	11:06 AM	0.7	7:42	5:01	
22	Sun	5:18	2.0	5:01	3.7	1:23	-0.2	12:17	0.6	7:41	5:02	
23	Mon	6:02	2.1	5:50	3.5	2:03	-0.2	1:16	0.6	7:40	5:04	
24	Tue	6:48	2.3	6:39	3.2	2:41	-0.2	2:11	0.6	7:39	5:05	
25	Wed	7:36	2.4	7:29	2.9	3:16	-0.1	3:05	0.7	7:38	5:07	
26	Thu	8:26	2.5	8:23	2.5	3:49	0.0	4:05	0.8	7:38	5:08	
27	Fri	9:17	2.6	9:24	2.2	4:19	0.2	5:18	1.0	7:36	5:09	
28	Sat	10:09	2.7	10:36	1.9	4:44	0.3	6:47	1.0	7:35	5:11	
29	Sun	11:01	2.8	11:55	1.8	5:06	0.4	8:10	0.8	7:34	5:12	
30	Mon	11:52	2.8			5:35	0.5	9:15	0.6	7:33	5:14	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	1:12	1.8	12:42	2.9	6:14	0.6	10:09	0.4	7:32	5:15	