



































Portland, OR - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:20	1.9	2:10	3.6	8:10	0.4	11:25	0.0	7:50	4:38	
2	Wed	3:15	2.0	3:01	3.6	9:31	0.5			7:50	4:39	
3	Thu	4:05	2.1	3:49	3.6	12:13	-0.1	10:53 AM	0.5	7:50	4:40	
4	Fri	4:51	2.2	4:35	3.5	12:58	-0.2	11:58 AM	0.5	7:50	4:41	
5	Sat	5:36	2.2	5:20	3.3	1:40	-0.2	12:54	0.6	7:50	4:42	
6	Sun	6:20	2.3	6:05	3.1	2:20	-0.1	1:44	0.6	7:50	4:43	
7	Mon	7:04	2.3	6:51	2.9	2:58	0.1	2:32	0.7	7:49	4:44	
8	Tue	7:49	2.3	7:39	2.6	3:31	0.2	3:19	0.9	7:49	4:45	
9	Wed	8:36	2.4	8:32	2.3	3:58	0.4	4:10	1.0	7:49	4:46	
10	Thu	9:24	2.4	9:34	2.1	4:16	0.5	5:17	1.1	7:49	4:47	
11	Fri	10:15	2.5	10:50	1.9	4:31	0.5	6:51	1.1	7:48	4:48	
12	Sat	11:06	2.6			5:00	0.5	8:14	0.9	7:48	4:50	
13	Sun	12:16	1.8	11:57 AM	2.7	5:42	0.6	9:16	0.7	7:47	4:51	
14	Mon	1:31	1.8	12:47	2.9	6:30	0.6	10:07	0.5	7:47	4:52	
15	Tue	2:26	1.9	1:36	3.0	7:24	0.6	10:53	0.3	7:46	4:53	
16	Wed	3:10	2.0	2:23	3.1	8:23	0.6	11:35	0.2	7:45	4:55	
17	Thu	3:45	2.0	3:07	3.2	9:30	0.7			7:45	4:56	
18	Fri	4:18	2.1	3:50	3.3	12:14	0.1	10:43 AM	0.7	7:44	4:57	
19	Sat	4:50	2.2	4:33	3.3	12:50	0.1	11:44 AM	0.7	7:43	4:59	
20	Sun	5:24	2.3	5:15	3.3	1:23	0.1	12:37	0.7	7:43	5:00	
21	Mon	5:59	2.4	5:58	3.2	1:53	0.1	1:25	0.7	7:42	5:01	
22	Tue	6:37	2.5	6:42	3.1	2:21	0.1	2:12	0.7	7:41	5:03	
23	Wed	7:19	2.7	7:29	2.8	2:48	0.2	3:00	0.8	7:40	5:04	
24	Thu	8:04	2.9	8:21	2.5	3:14	0.2	3:56	0.9	7:39	5:06	
25	Fri	8:54	3.0	9:22	2.2	3:43	0.2	5:10	1.0	7:38	5:07	
26	Sat	9:49	3.1	10:31	1.9	4:16	0.2	6:47	0.9	7:37	5:08	
27	Sun	10:47	3.2	11:47	1.8	4:56	0.3	8:13	0.7	7:36	5:10	
28	Mon	11:47	3.3			5:44	0.4	9:20	0.5	7:35	5:11	
29	Tue	1:01	1.8	12:47	3.3	6:41	0.5	10:15	0.2	7:34	5:13	
30	Wed	2:06	1.9	1:46	3.3	7:54	0.5	11:05	0.1	7:33	5:14	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	3:01	2.0	2:41	3.3	9:37	0.6	11:51	-0.1	7:32	5:16	