

East Greenwich, RI - Jul 2025

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|-----|----------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 1:02 | 3.9 | 1:34 | 4.3 | 6:08 | 0.6 | 6:38 | 0.9 | 5:15 | 8:24 | 🌑 |
| 2 | Wed | 1:48 | 3.6 | 2:21 | 4.2 | 6:52 | 0.7 | 7:34 | 1.1 | 5:15 | 8:23 | 🌑 |
| 3 | Thu | 2:32 | 3.3 | 3:08 | 4.1 | 7:40 | 0.8 | 8:38 | 1.3 | 5:16 | 8:23 | 🌑 |
| 4 | Fri | 3:17 | 3.2 | 3:56 | 4.0 | 8:33 | 0.8 | 9:44 | 1.3 | 5:17 | 8:23 | 🌑 |
| 5 | Sat | 4:05 | 3.1 | 4:47 | 3.9 | 9:30 | 0.8 | 10:42 | 1.2 | 5:17 | 8:23 | 🌑 |
| 6 | Sun | 4:59 | 3.2 | 5:39 | 3.9 | 10:26 | 0.8 | 11:31 | 1.0 | 5:18 | 8:22 | 🌑 |
| 7 | Mon | 5:55 | 3.3 | 6:29 | 4.0 | 11:17 | 0.7 | | | 5:19 | 8:22 | 🌑 |
| 8 | Tue | 6:48 | 3.5 | 7:14 | 4.2 | 12:17 | 0.8 | 12:06 | 0.7 | 5:19 | 8:22 | 🌑 |
| 9 | Wed | 7:36 | 3.7 | 7:56 | 4.3 | 1:01 | 0.6 | 12:52 | 0.6 | 5:20 | 8:21 | 🌑 |
| 10 | Thu | 8:20 | 3.9 | 8:37 | 4.5 | 1:45 | 0.4 | 1:36 | 0.5 | 5:21 | 8:21 | 🌑 |
| 11 | Fri | 9:02 | 4.1 | 9:20 | 4.7 | 2:29 | 0.3 | 2:20 | 0.4 | 5:21 | 8:20 | 🌑 |
| 12 | Sat | 9:45 | 4.2 | 10:04 | 4.7 | 3:10 | 0.2 | 3:04 | 0.4 | 5:22 | 8:20 | 🌑 |
| 13 | Sun | 10:29 | 4.3 | 10:50 | 4.7 | 3:50 | 0.2 | 3:48 | 0.4 | 5:23 | 8:19 | 🌑 |
| 14 | Mon | 11:16 | 4.4 | 11:39 | 4.6 | 4:29 | 0.2 | 4:34 | 0.4 | 5:24 | 8:19 | 🌑 |
| 15 | Tue | | | 12:05 | 4.5 | 5:08 | 0.2 | 5:22 | 0.5 | 5:25 | 8:18 | 🌑 |
| 16 | Wed | 12:30 | 4.4 | 12:56 | 4.6 | 5:49 | 0.2 | 6:14 | 0.6 | 5:25 | 8:18 | 🌑 |
| 17 | Thu | 1:23 | 4.2 | 1:49 | 4.7 | 6:35 | 0.2 | 7:14 | 0.8 | 5:26 | 8:17 | 🌑 |
| 18 | Fri | 2:18 | 4.0 | 2:44 | 4.8 | 7:27 | 0.3 | 8:26 | 0.9 | 5:27 | 8:16 | 🌑 |
| 19 | Sat | 3:16 | 3.9 | 3:42 | 4.8 | 8:26 | 0.3 | 9:53 | 0.8 | 5:28 | 8:15 | 🌑 |
| 20 | Sun | 4:18 | 3.8 | 4:45 | 4.8 | 9:29 | 0.3 | 11:23 | 0.7 | 5:29 | 8:15 | 🌑 |
| 21 | Mon | 5:23 | 3.9 | 5:50 | 4.9 | 10:32 | 0.3 | | | 5:30 | 8:14 | 🌑 |
| 22 | Tue | 6:26 | 4.1 | 6:52 | 5.0 | 12:22 | 0.5 | 11:30 AM | 0.2 | 5:31 | 8:13 | 🌑 |
| 23 | Wed | 7:24 | 4.3 | 7:48 | 5.1 | 1:06 | 0.4 | 12:25 | 0.1 | 5:31 | 8:12 | 🌑 |
| 24 | Thu | 8:17 | 4.6 | 8:38 | 5.1 | 1:46 | 0.3 | 1:17 | 0.1 | 5:32 | 8:11 | 🌑 |
| 25 | Fri | 9:05 | 4.7 | 9:26 | 5.0 | 2:24 | 0.2 | 2:08 | 0.1 | 5:33 | 8:10 | 🌑 |
| 26 | Sat | 9:52 | 4.7 | 10:11 | 4.8 | 3:00 | 0.2 | 2:57 | 0.1 | 5:34 | 8:09 | 🌑 |
| 27 | Sun | 10:38 | 4.7 | 10:55 | 4.5 | 3:36 | 0.3 | 3:44 | 0.2 | 5:35 | 8:08 | 🌑 |
| 28 | Mon | 11:23 | 4.6 | 11:39 | 4.2 | 4:13 | 0.3 | 4:30 | 0.4 | 5:36 | 8:07 | 🌑 |
| 29 | Tue | | | 12:08 | 4.4 | 4:50 | 0.4 | 5:16 | 0.6 | 5:37 | 8:06 | 🌑 |
| 30 | Wed | 12:22 | 3.8 | 12:53 | 4.3 | 5:28 | 0.5 | 6:02 | 0.9 | 5:38 | 8:05 | 🌑 |
| 31 | Thu | 1:04 | 3.5 | 1:38 | 4.1 | 6:09 | 0.6 | 6:52 | 1.1 | 5:39 | 8:04 | 🌑 |