

Newport, RI - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:18	4.3	7:38	3.8	12:10	-0.3	1:23	-0.2	7:11	4:25	
2	Fri	8:04	4.2	8:25	3.7	12:57	-0.3	1:59	-0.2	7:11	4:26	
3	Sat	8:48	4.1	9:10	3.6	1:42	-0.3	2:31	-0.2	7:11	4:27	
4	Sun	9:31	3.8	9:55	3.5	2:26	-0.2	3:03	-0.1	7:11	4:28	
5	Mon	10:14	3.5	10:40	3.3	3:07	0.0	3:37	-0.1	7:11	4:29	
6	Tue	10:58	3.2	11:25	3.1	3:49	0.1	4:13	0.0	7:11	4:30	
7	Wed	11:41	2.9			4:33	0.3	4:52	0.2	7:11	4:31	
8	Thu	12:10	2.9	12:24	2.7	5:24	0.5	5:37	0.3	7:11	4:32	
9	Fri	12:54	2.8	1:08	2.5	6:29	0.6	6:31	0.3	7:11	4:33	
10	Sat	1:38	2.8	1:55	2.4	7:50	0.7	7:30	0.4	7:11	4:34	
11	Sun	2:26	2.8	2:49	2.4	9:05	0.6	8:30	0.3	7:10	4:35	
12	Mon	3:23	2.8	3:49	2.5	10:01	0.4	9:26	0.1	7:10	4:36	
13	Tue	4:21	3.0	4:46	2.7	10:48	0.2	10:17	-0.1	7:10	4:37	
14	Wed	5:13	3.3	5:36	3.0	11:30	0.0	11:04	-0.3	7:09	4:38	
15	Thu	5:59	3.6	6:23	3.3			12:11	-0.2	7:09	4:39	
16	Fri	6:43	3.8	7:09	3.5			12:52	-0.4	7:09	4:40	
17	Sat	7:28	4.1	7:55	3.7	12:36	-0.6	1:32	-0.5	7:08	4:41	
18	Sun	8:14	4.2	8:42	3.9	1:24	-0.7	2:11	-0.6	7:08	4:43	
19	Mon	9:01	4.1	9:31	4.0	2:12	-0.7	2:50	-0.7	7:07	4:44	
20	Tue	9:50	4.0	10:23	4.0	2:59	-0.6	3:28	-0.6	7:07	4:45	
21	Wed	10:43	3.8	11:17	3.9	3:47	-0.5	4:10	-0.5	7:06	4:46	
22	Thu	11:38	3.6			4:40	-0.2	4:56	-0.3	7:05	4:47	
23	Fri	12:14	3.9	12:36	3.4	5:43	0.1	5:52	-0.1	7:05	4:49	
24	Sat	1:12	3.8	1:35	3.2	7:23	0.3	7:00	0.1	7:04	4:50	
25	Sun	2:13	3.7	2:38	3.1	9:12	0.3	8:22	0.1	7:03	4:51	
26	Mon	3:20	3.7	3:46	3.1	10:18	0.2	9:40	0.1	7:02	4:52	
27	Tue	4:26	3.7	4:50	3.2	11:10	0.1	10:36	0.0	7:02	4:53	
28	Wed	5:25	3.8	5:46	3.4	11:55	0.0	11:22	-0.1	7:01	4:55	
29	Thu	6:16	3.9	6:35	3.5			12:32	-0.1	7:00	4:56	
30	Fri	7:02	4.0	7:20	3.7	12:04	-0.2	1:03	-0.1	6:59	4:57	
31	Sat	7:44	3.9	8:03	3.7	12:45	-0.2	1:31	-0.2	6:58	4:58	