

Newport, RI - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:59	3.6	8:16	3.7	1:10	-0.2	1:25	-0.2	6:19	5:36	
2	Tue	8:35	3.5	8:52	3.6	1:48	-0.3	1:57	-0.3	6:17	5:37	
3	Wed	9:10	3.3	9:26	3.4	2:25	-0.2	2:31	-0.2	6:16	5:38	
4	Thu	9:46	3.1	10:00	3.2	3:02	-0.1	3:05	-0.2	6:14	5:39	
5	Fri	10:23	2.9	10:37	3.1	3:37	0.0	3:39	-0.1	6:12	5:40	
6	Sat	11:03	2.7	11:17	2.9	4:14	0.2	4:15	0.1	6:11	5:41	
7	Sun	11:48	2.6			4:54	0.4	4:56	0.2	6:09	5:42	
8	Mon	12:02	2.8	12:36	2.5	5:43	0.5	5:47	0.3	6:07	5:44	
9	Tue	12:53	2.8	1:29	2.5	6:54	0.6	6:52	0.4	6:06	5:45	
10	Wed	1:50	2.8	2:29	2.6	8:26	0.6	8:07	0.3	6:04	5:46	
11	Thu	2:54	3.0	3:33	2.9	9:34	0.3	9:18	0.1	6:02	5:47	
12	Fri	4:02	3.2	4:36	3.3	10:23	0.1	10:19	-0.2	6:01	5:48	
13	Sat	5:02	3.6	5:31	3.7	11:05	-0.2	11:13	-0.5	5:59	5:49	
14	Sun	5:55	3.9	6:22	4.2	11:47	-0.5			5:57	5:50	
15	Mon	6:45	4.2	7:11	4.5	12:05	-0.7	12:30	-0.7	5:56	5:51	
16	Tue	7:35	4.3	8:00	4.7	12:57	-0.9	1:14	-0.8	5:54	5:53	
17	Wed	8:24	4.3	8:50	4.8	1:49	-0.9	1:59	-0.9	5:52	5:54	
18	Thu	9:15	4.2	9:42	4.7	2:39	-0.8	2:43	-0.8	5:51	5:55	
19	Fri	10:07	4.0	10:36	4.4	3:28	-0.6	3:27	-0.5	5:49	5:56	
20	Sat	11:03	3.7	11:34	4.1	4:17	-0.3	4:13	-0.2	5:47	5:57	
21	Sun			12:01	3.5	5:15	0.1	5:06	0.1	5:46	5:58	
22	Mon	12:33	3.8	1:01	3.3	7:06	0.4	6:15	0.4	5:44	5:59	
23	Tue	1:34	3.5	2:02	3.2	8:42	0.5	8:39	0.5	5:42	6:00	
24	Wed	2:38	3.3	3:07	3.1	9:44	0.4	9:53	0.5	5:41	6:01	
25	Thu	3:45	3.2	4:11	3.2	10:29	0.4	10:39	0.4	5:39	6:02	
26	Fri	4:44	3.3	5:06	3.4	11:01	0.3	11:13	0.3	5:37	6:04	
27	Sat	5:34	3.4	5:53	3.6	11:23	0.2	11:42	0.1	5:35	6:05	
28	Sun	6:17	3.4	6:35	3.7	11:46	0.1			5:34	6:06	
29	Mon	6:55	3.5	7:12	3.7	12:14	0.0	12:14	0.0	5:32	6:07	
30	Tue	7:31	3.5	7:47	3.7	12:50	-0.1	12:48	-0.1	5:30	6:08	
31	Wed	8:06	3.4	8:20	3.7	1:28	-0.2	1:23	-0.1	5:29	6:09	