

Newport, RI - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:19	3.8	11:33	3.9	4:29	0.0	4:36	0.1	5:15	8:22	
2	Fri			12:10	3.9	5:07	0.0	5:25	0.2	5:15	8:22	
3	Sat	12:26	3.8	1:04	4.0	5:51	0.0	6:23	0.4	5:16	8:22	
4	Sun	1:21	3.7	1:58	4.1	6:42	0.1	7:36	0.5	5:16	8:22	
5	Mon	2:18	3.6	2:55	4.2	7:43	0.2	9:07	0.5	5:17	8:22	
6	Tue	3:18	3.5	3:57	4.2	8:49	0.2	10:31	0.4	5:18	8:21	
7	Wed	4:23	3.5	5:02	4.3	9:55	0.2	11:33	0.3	5:18	8:21	
8	Thu	5:29	3.6	6:04	4.5	10:56	0.1			5:19	8:21	
9	Fri	6:29	3.8	7:00	4.6	12:26	0.2	11:52 AM	0.0	5:20	8:20	
10	Sat	7:24	4.0	7:52	4.7	1:16	0.1	12:44	0.0	5:20	8:20	
11	Sun	8:15	4.1	8:41	4.7	2:03	0.0	1:35	0.0	5:21	8:19	
12	Mon	9:04	4.2	9:28	4.5	2:46	0.0	2:26	0.0	5:22	8:19	
13	Tue	9:52	4.1	10:13	4.3	3:22	0.0	3:14	0.1	5:23	8:18	
14	Wed	10:39	4.0	10:59	4.0	3:54	0.1	3:58	0.2	5:23	8:18	
15	Thu	11:26	3.8	11:44	3.7	4:27	0.2	4:40	0.4	5:24	8:17	
16	Fri			12:13	3.7	5:01	0.3	5:24	0.6	5:25	8:17	
17	Sat	12:29	3.4	1:00	3.5	5:38	0.4	6:14	0.8	5:26	8:16	
18	Sun	1:14	3.1	1:44	3.4	6:21	0.5	7:15	0.9	5:27	8:15	
19	Mon	1:57	2.9	2:28	3.2	7:10	0.6	8:31	1.0	5:28	8:14	
20	Tue	2:42	2.8	3:14	3.2	8:07	0.7	9:45	0.9	5:29	8:14	
21	Wed	3:33	2.7	4:06	3.2	9:06	0.6	10:43	0.8	5:29	8:13	
22	Thu	4:30	2.7	5:03	3.3	10:03	0.6	11:30	0.7	5:30	8:12	
23	Fri	5:28	2.9	5:55	3.5	10:56	0.4			5:31	8:11	
24	Sat	6:20	3.1	6:41	3.7	12:13	0.5	11:44 AM	0.3	5:32	8:10	
25	Sun	7:06	3.4	7:24	3.9	12:54	0.3	12:30	0.1	5:33	8:09	
26	Mon	7:50	3.6	8:07	4.1	1:34	0.1	1:16	0.0	5:34	8:08	
27	Tue	8:35	3.9	8:51	4.3	2:13	0.0	2:03	-0.1	5:35	8:07	
28	Wed	9:20	4.1	9:36	4.3	2:51	-0.2	2:50	-0.2	5:36	8:06	
29	Thu	10:07	4.2	10:24	4.3	3:28	-0.2	3:37	-0.1	5:37	8:05	
30	Fri	10:56	4.3	11:14	4.1	4:05	-0.2	4:24	-0.1	5:38	8:04	
31	Sat	11:49	4.3			4:44	-0.2	5:14	0.1	5:39	8:03	