

Newport, RI - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:08	4.0	12:43	4.3	5:28	-0.1	6:10	0.3	5:40	8:02	
2	Mon	1:04	3.8	1:40	4.3	6:18	0.1	7:25	0.5	5:41	8:01	
3	Tue	2:02	3.6	2:38	4.2	7:18	0.3	9:18	0.6	5:42	8:00	
4	Wed	3:02	3.5	3:41	4.2	8:30	0.4	10:38	0.6	5:43	7:59	
5	Thu	4:07	3.5	4:47	4.2	9:47	0.4	11:36	0.5	5:44	7:58	
6	Fri	5:14	3.6	5:51	4.3	10:56	0.3			5:45	7:56	
7	Sat	6:15	3.7	6:46	4.4	12:24	0.4	11:51 AM	0.3	5:46	7:55	
8	Sun	7:08	3.9	7:36	4.4	1:06	0.3	12:39	0.2	5:47	7:54	
9	Mon	7:57	4.1	8:22	4.4	1:42	0.2	1:24	0.2	5:48	7:53	
10	Tue	8:43	4.2	9:05	4.3	2:14	0.2	2:09	0.1	5:49	7:51	
11	Wed	9:27	4.1	9:47	4.1	2:44	0.1	2:52	0.2	5:50	7:50	
12	Thu	10:10	4.0	10:28	3.9	3:16	0.1	3:33	0.2	5:51	7:49	
13	Fri	10:51	3.9	11:08	3.6	3:48	0.1	4:13	0.4	5:52	7:47	
14	Sat	11:33	3.7	11:50	3.3	4:23	0.2	4:53	0.5	5:53	7:46	
15	Sun			12:15	3.5	4:59	0.3	5:36	0.7	5:54	7:44	
16	Mon	12:32	3.1	12:57	3.3	5:38	0.5	6:25	0.9	5:55	7:43	
17	Tue	1:16	2.9	1:39	3.2	6:23	0.6	7:30	1.0	5:56	7:41	
18	Wed	2:01	2.8	2:24	3.1	7:17	0.7	8:55	1.0	5:57	7:40	
19	Thu	2:50	2.7	3:14	3.1	8:21	0.7	10:08	0.9	5:58	7:39	
20	Fri	3:45	2.8	4:13	3.2	9:26	0.7	11:00	0.7	5:59	7:37	
21	Sat	4:47	3.0	5:14	3.4	10:27	0.5	11:42	0.5	6:00	7:36	
22	Sun	5:44	3.2	6:07	3.7	11:20	0.3			6:01	7:34	
23	Mon	6:35	3.6	6:56	4.0	12:21	0.3	12:09	0.1	6:02	7:32	
24	Tue	7:23	4.0	7:42	4.3	12:58	0.0	12:56	-0.1	6:03	7:31	
25	Wed	8:09	4.3	8:28	4.4	1:37	-0.2	1:45	-0.3	6:04	7:29	
26	Thu	8:56	4.5	9:15	4.5	2:17	-0.3	2:35	-0.3	6:05	7:28	
27	Fri	9:44	4.7	10:04	4.4	2:58	-0.4	3:24	-0.3	6:06	7:26	
28	Sat	10:34	4.7	10:56	4.3	3:39	-0.4	4:12	-0.2	6:07	7:25	
29	Sun	11:27	4.6	11:51	4.0	4:21	-0.3	5:02	0.0	6:08	7:23	
30	Mon			12:24	4.5	5:06	-0.1	5:59	0.3	6:09	7:21	
31	Tue	12:48	3.8	1:22	4.3	5:56	0.2	7:22	0.6	6:10	7:20	