

Newport, RI - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:34	3.6	3:08	3.9	8:51	0.7	10:18	0.6	6:42	6:27	
2	Sat	3:36	3.6	4:12	3.7	10:25	0.7	11:08	0.6	6:43	6:25	
3	Sun	4:41	3.6	5:13	3.7	11:18	0.6	11:44	0.5	6:44	6:23	
4	Mon	5:40	3.8	6:07	3.8	11:57	0.5			6:45	6:22	
5	Tue	6:30	3.9	6:53	3.8	12:09	0.5	12:28	0.4	6:46	6:20	
6	Wed	7:14	4.1	7:34	3.8	12:29	0.4	12:57	0.3	6:47	6:18	
7	Thu	7:54	4.1	8:13	3.8	12:54	0.3	1:30	0.3	6:48	6:17	
8	Fri	8:32	4.1	8:50	3.7	1:26	0.2	2:07	0.2	6:49	6:15	
9	Sat	9:07	4.0	9:26	3.6	2:01	0.1	2:45	0.2	6:50	6:13	
10	Sun	9:41	3.9	10:02	3.4	2:39	0.1	3:23	0.2	6:52	6:12	
11	Mon	10:15	3.7	10:40	3.2	3:16	0.2	4:00	0.4	6:53	6:10	
12	Tue	10:51	3.5	11:21	3.1	3:53	0.3	4:36	0.5	6:54	6:09	
13	Wed	11:31	3.3			4:31	0.4	5:14	0.7	6:55	6:07	
14	Thu	12:06	3.0	12:17	3.2	5:11	0.6	5:57	0.8	6:56	6:05	
15	Fri	12:55	2.9	1:07	3.2	5:58	0.7	6:53	0.9	6:57	6:04	
16	Sat	1:47	2.9	2:01	3.2	6:57	0.8	8:10	0.8	6:58	6:02	
17	Sun	2:40	3.1	2:57	3.3	8:11	0.7	9:23	0.7	6:59	6:01	
18	Mon	3:37	3.3	3:58	3.4	9:28	0.5	10:16	0.4	7:01	5:59	
19	Tue	4:38	3.6	5:01	3.7	10:34	0.3	11:02	0.1	7:02	5:58	
20	Wed	5:36	4.1	5:59	3.9	11:30	0.0	11:45	-0.2	7:03	5:56	
21	Thu	6:30	4.5	6:53	4.2			12:21	-0.3	7:04	5:55	
22	Fri	7:21	4.9	7:45	4.4	12:29	-0.4	1:12	-0.5	7:05	5:53	
23	Sat	8:12	5.1	8:36	4.5	1:14	-0.6	2:04	-0.5	7:06	5:52	
24	Sun	9:02	5.2	9:27	4.4	2:02	-0.6	2:57	-0.5	7:07	5:50	
25	Mon	9:54	5.1	10:20	4.3	2:51	-0.5	3:49	-0.3	7:09	5:49	
26	Tue	10:48	4.8	11:16	4.1	3:40	-0.3	4:39	-0.1	7:10	5:48	
27	Wed	11:45	4.5			4:30	-0.1	5:34	0.2	7:11	5:46	
28	Thu	12:14	3.9	12:45	4.2	5:22	0.3	6:52	0.5	7:12	5:45	
29	Fri	1:14	3.7	1:44	3.9	6:27	0.6	8:38	0.6	7:13	5:44	
30	Sat	2:14	3.6	2:43	3.6	8:48	0.8	9:44	0.6	7:15	5:42	
31	Sun	2:14	3.6	2:43	3.5	9:10	0.7	9:31	0.6	6:16	4:41	