

Newport, RI - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:29	4.6	9:58	4.1	2:31	-0.7	3:21	-0.6	7:11	4:25	
2	Tue	10:23	4.3	10:54	4.0	3:23	-0.5	4:07	-0.5	7:11	4:26	
3	Wed	11:19	4.0	11:52	3.9	4:17	-0.2	4:55	-0.3	7:11	4:27	
4	Thu			12:16	3.7	5:21	0.1	5:52	0.0	7:11	4:28	
5	Fri	12:50	3.8	1:13	3.5	7:13	0.3	7:01	0.1	7:11	4:29	
6	Sat	1:48	3.7	2:11	3.2	8:49	0.4	8:14	0.2	7:11	4:30	
7	Sun	2:50	3.6	3:13	3.1	9:54	0.3	9:09	0.2	7:11	4:31	
8	Mon	3:53	3.5	4:15	3.0	10:44	0.3	9:52	0.2	7:11	4:32	
9	Tue	4:52	3.6	5:11	3.1	11:25	0.2	10:30	0.1	7:11	4:33	
10	Wed	5:43	3.6	6:00	3.2	11:59	0.2	11:08	0.0	7:11	4:34	
11	Thu	6:28	3.7	6:44	3.2			12:29	0.1	7:10	4:35	
12	Fri	7:08	3.7	7:25	3.3			1:00	0.0	7:10	4:36	
13	Sat	7:46	3.6	8:04	3.3	12:31	-0.2	1:34	-0.1	7:10	4:37	
14	Sun	8:22	3.5	8:42	3.2	1:14	-0.2	2:08	-0.1	7:09	4:38	
15	Mon	8:56	3.4	9:19	3.1	1:57	-0.2	2:41	-0.1	7:09	4:39	
16	Tue	9:30	3.3	9:56	3.0	2:37	-0.2	3:13	-0.1	7:09	4:41	
17	Wed	10:05	3.1	10:36	2.9	3:16	-0.1	3:45	0.0	7:08	4:42	
18	Thu	10:44	2.9	11:17	2.9	3:55	0.1	4:17	0.0	7:08	4:43	
19	Fri	11:27	2.8			4:35	0.2	4:53	0.1	7:07	4:44	
20	Sat	12:01	2.9	12:14	2.7	5:23	0.3	5:38	0.1	7:06	4:45	
21	Sun	12:49	2.9	1:05	2.7	6:23	0.4	6:33	0.2	7:06	4:46	
22	Mon	1:40	3.1	2:02	2.7	7:38	0.4	7:38	0.1	7:05	4:48	
23	Tue	2:39	3.2	3:06	2.8	8:56	0.2	8:44	-0.1	7:04	4:49	
24	Wed	3:44	3.5	4:13	3.0	10:02	0.0	9:47	-0.3	7:04	4:50	
25	Thu	4:47	3.8	5:14	3.3	10:57	-0.3	10:44	-0.5	7:03	4:51	
26	Fri	5:45	4.2	6:10	3.7	11:48	-0.5	11:39	-0.8	7:02	4:53	
27	Sat	6:38	4.5	7:03	4.0			12:39	-0.7	7:01	4:54	
28	Sun	7:30	4.7	7:54	4.3	12:34	-0.9	1:29	-0.8	7:00	4:55	
29	Mon	8:20	4.7	8:46	4.4	1:30	-0.9	2:16	-0.9	7:00	4:56	
30	Tue	9:11	4.6	9:38	4.3	2:24	-0.9	3:00	-0.8	6:59	4:58	
31	Wed	10:03	4.3	10:32	4.2	3:15	-0.7	3:41	-0.6	6:58	4:59	