

Newport, RI - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:49	4.2	7:10	3.6			1:04	-0.1	7:11	4:25	
2	Wed	7:35	4.1	7:55	3.6	12:18	-0.2	1:39	-0.1	7:11	4:26	
3	Thu	8:18	4.0	8:39	3.5	1:02	-0.2	2:11	-0.1	7:11	4:27	
4	Fri	9:00	3.8	9:22	3.4	1:46	-0.2	2:43	-0.1	7:11	4:28	
5	Sat	9:41	3.5	10:06	3.2	2:29	-0.1	3:16	0.0	7:11	4:29	
6	Sun	10:21	3.3	10:50	3.1	3:11	0.0	3:50	0.1	7:11	4:30	
7	Mon	11:02	3.0	11:34	2.9	3:54	0.1	4:27	0.2	7:11	4:31	
8	Tue	11:43	2.8			4:39	0.3	5:08	0.3	7:11	4:32	
9	Wed	12:18	2.8	12:25	2.6	5:31	0.5	5:55	0.4	7:11	4:33	
10	Thu	1:01	2.8	1:08	2.5	6:35	0.6	6:50	0.4	7:11	4:34	
11	Fri	1:46	2.8	1:56	2.4	7:50	0.6	7:49	0.3	7:10	4:35	
12	Sat	2:36	2.9	2:53	2.5	9:01	0.5	8:46	0.2	7:10	4:36	
13	Sun	3:33	3.0	3:55	2.6	9:58	0.3	9:38	0.0	7:10	4:37	
14	Mon	4:30	3.3	4:53	2.8	10:46	0.1	10:27	-0.2	7:09	4:38	
15	Tue	5:23	3.6	5:45	3.1	11:30	-0.2	11:14	-0.4	7:09	4:39	
16	Wed	6:11	3.9	6:35	3.4			12:15	-0.4	7:09	4:40	
17	Thu	6:59	4.2	7:23	3.7	12:02	-0.6	1:01	-0.5	7:08	4:41	
18	Fri	7:47	4.4	8:12	3.9	12:51	-0.7	1:46	-0.7	7:08	4:43	
19	Sat	8:36	4.4	9:02	4.0	1:42	-0.8	2:30	-0.7	7:07	4:44	
20	Sun	9:26	4.3	9:54	4.0	2:32	-0.7	3:12	-0.7	7:07	4:45	
21	Mon	10:18	4.2	10:48	4.0	3:22	-0.6	3:55	-0.6	7:06	4:46	
22	Tue	11:13	3.9	11:45	3.9	4:14	-0.4	4:40	-0.4	7:05	4:47	
23	Wed			12:10	3.7	5:13	-0.1	5:31	-0.2	7:05	4:49	
24	Thu	12:43	3.8	1:07	3.4	6:43	0.2	6:33	0.0	7:04	4:50	
25	Fri	1:42	3.7	2:07	3.2	8:42	0.3	7:45	0.1	7:03	4:51	
26	Sat	2:45	3.6	3:11	3.1	9:53	0.2	8:58	0.1	7:02	4:52	
27	Sun	3:51	3.6	4:16	3.1	10:49	0.2	9:56	0.1	7:01	4:53	
28	Mon	4:54	3.7	5:15	3.2	11:36	0.1	10:41	0.0	7:01	4:55	
29	Tue	5:47	3.7	6:06	3.3			12:16	0.0	7:00	4:56	
30	Wed	6:35	3.8	6:52	3.4			12:50	0.0	6:59	4:57	
31	Thu	7:18	3.8	7:35	3.5	12:04	-0.1	1:18	-0.1	6:58	4:59	