
































## Newport, RI - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:08	2.8	3:47	3.5	8:34	0.7	10:12	0.9	5:15	8:23	
2	Mon	4:03	2.7	4:43	3.4	9:26	0.7	10:59	0.8	5:15	8:22	
3	Tue	5:02	2.7	5:37	3.4	10:17	0.7	11:41	0.7	5:16	8:22	
4	Wed	5:57	2.7	6:25	3.5	11:06	0.6			5:16	8:22	
5	Thu	6:44	2.9	7:07	3.6	12:22	0.6	11:52 AM	0.5	5:17	8:22	
6	Fri	7:26	3.0	7:45	3.7	1:04	0.5	12:37	0.4	5:18	8:21	
7	Sat	8:05	3.2	8:22	3.8	1:48	0.4	1:22	0.3	5:18	8:21	
8	Sun	8:44	3.3	8:59	3.8	2:30	0.3	2:07	0.3	5:19	8:21	
9	Mon	9:23	3.4	9:37	3.9	3:07	0.2	2:50	0.2	5:20	8:20	
10	Tue	10:04	3.5	10:18	3.8	3:40	0.1	3:32	0.2	5:20	8:20	
11	Wed	10:47	3.5	11:01	3.8	4:10	0.1	4:12	0.3	5:21	8:20	
12	Thu	11:33	3.6	11:49	3.6	4:41	0.1	4:55	0.4	5:22	8:19	
13	Fri			12:21	3.7	5:17	0.1	5:43	0.5	5:22	8:19	
14	Sat	12:40	3.5	1:12	3.8	5:58	0.1	6:43	0.6	5:23	8:18	
15	Sun	1:33	3.4	2:05	3.9	6:48	0.1	8:00	0.6	5:24	8:17	
16	Mon	2:30	3.3	3:03	4.0	7:47	0.2	9:35	0.6	5:25	8:17	
17	Tue	3:31	3.2	4:07	4.1	8:53	0.2	10:54	0.5	5:26	8:16	
18	Wed	4:39	3.3	5:15	4.3	10:00	0.1	11:55	0.3	5:27	8:15	
19	Thu	5:46	3.5	6:19	4.4	11:05	0.1			5:27	8:15	
20	Fri	6:46	3.7	7:16	4.6	12:50	0.2	12:05	0.0	5:28	8:14	
21	Sat	7:40	4.0	8:09	4.7	1:43	0.1	1:02	-0.1	5:29	8:13	
22	Sun	8:32	4.2	8:58	4.6	2:33	0.0	1:58	-0.1	5:30	8:12	
23	Mon	9:22	4.3	9:46	4.5	3:16	0.0	2:53	-0.1	5:31	8:12	
24	Tue	10:11	4.3	10:32	4.2	3:51	0.0	3:42	0.1	5:32	8:11	
25	Wed	11:00	4.2	11:18	3.9	4:20	0.0	4:27	0.2	5:33	8:10	
26	Thu	11:49	4.0			4:50	0.2	5:10	0.5	5:34	8:09	
27	Fri	12:05	3.6	12:38	3.8	5:22	0.3	5:56	0.7	5:35	8:08	
28	Sat	12:52	3.2	1:25	3.6	5:58	0.5	6:51	0.9	5:36	8:07	
29	Sun	1:38	3.0	2:13	3.4	6:42	0.6	8:01	1.0	5:37	8:06	
30	Mon	2:25	2.7	3:01	3.3	7:35	0.8	9:20	1.0	5:38	8:05	
31	Tue	3:16	2.6	3:56	3.2	8:37	0.8	10:25	1.0	5:39	8:04	