US HARBORS www.USHarbors.com

Newport, RI - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:21	3.7	7:49	4.9	1:03	-0.1	12:37	-0.3	5:15	8:22	
2	Fri	8:15	4.0	8:43	4.9	2:01	-0.2	1:34	-0.3	5:16	8:22	
3	Sat	9:09	4.1	9:36	4.9	2:59	-0.2	2:34	-0.3	5:16	8:22	
4	Sun	10:03	4.2	10:29	4.7	3:51	-0.2	3:32	-0.2	5:17	8:22	
5	Mon	10:57	4.1	11:22	4.4	4:37	-0.1	4:28	0.0	5:17	8:22	
6	Tue	11:52	4.1			5:20	0.0	5:23	0.3	5:18	8:21	
7	Wed	12:16	4.1	12:48	4.0	6:03	0.2	6:28	0.6	5:19	8:21	
8	Thu	1:09	3.7	1:42	3.9	6:47	0.4	8:00	0.8	5:19	8:21	
9	Fri	2:01	3.4	2:35	3.8	7:35	0.5	9:22	0.8	5:20	8:20	
10	Sat	2:53	3.1	3:29	3.6	8:23	0.6	10:21	0.9	5:21	8:20	
11	Sun	3:48	2.9	4:27	3.6	9:11	0.7	11:07	0.8	5:21	8:19	
12	Mon	4:47	2.8	5:24	3.5	9:59	0.7	11:45	0.8	5:22	8:19	
13	Tue	5:44	2.8	6:15	3.5	10:47	0.6			5:23	8:18	
14	Wed	6:34	2.9	7:00	3.6	12:21	0.7	11:33 AM	0.5	5:24	8:18	
15	Thu	7:18	3.1	7:39	3.6	12:59	0.6	12:18	0.4	5:25	8:17	
16	Fri	7:58	3.2	8:16	3.7	1:40	0.5	1:04	0.4	5:25	8:16	
17	Sat	8:37	3.3	8:51	3.7	2:22	0.4	1:49	0.3	5:26	8:16	
18	Sun	9:15	3.3	9:26	3.7	3:01	0.3	2:34	0.3	5:27	8:15	
19	Mon	9:53	3.3	10:02	3.7	3:36	0.3	3:16	0.3	5:28	8:14	
20	Tue	10:33	3.4	10:41	3.6	4:05	0.3	3:56	0.3	5:29	8:14	
21	Wed	11:15	3.4	11:23	3.5	4:33	0.2	4:36	0.4	5:30	8:13	
22	Thu	11:59	3.5			5:02	0.2	5:18	0.5	5:31	8:12	
23	Fri	12:09	3.4	12:46	3.6	5:37	0.2	6:08	0.6	5:32	8:11	
24	Sat	12:59	3.3	1:35	3.7	6:19	0.3	7:09	0.6	5:32	8:10	
25	Sun	1:52	3.2	2:28	3.8	7:11	0.3	8:26	0.7	5:33	8:09	
26	Mon	2:50	3.1	3:26	4.0	8:13	0.3	9:49	0.6	5:34	8:08	
27	Tue	3:53	3.1	4:32	4.1	9:19	0.2	11:02	0.4	5:35	8:07	
28	Wed	5:03	3.3	5:39	4.3	10:26	0.1			5:36	8:06	
29	Thu	6:08	3.5	6:41	4.6	12:02	0.2	11:29 AM	0.0	5:37	8:05	
30	Fri	7:06	3.8	7:36	4.8	12:57	0.1	12:29	-0.1	5:38	8:04	
31	Sat	8:01	4.1	8:29	4.8	1:52	0.0	1:28	-0.2	5:39	8:03	