

































Newport, RI - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:13	3.5	7:34	4.3	12:57	0.1	12:32	-0.1	5:15	8:23	
2	Tue	8:03	3.7	8:23	4.5	1:44	-0.1	1:21	-0.2	5:15	8:22	
3	Wed	8:53	3.9	9:13	4.6	2:34	-0.2	2:12	-0.3	5:16	8:22	
4	Thu	9:44	4.0	10:04	4.6	3:22	-0.2	3:05	-0.3	5:16	8:22	
5	Fri	10:37	4.1	10:57	4.5	4:08	-0.2	3:58	-0.2	5:17	8:22	
6	Sat	11:31	4.2	11:52	4.3	4:53	-0.2	4:51	0.0	5:18	8:22	
7	Sun			12:28	4.2	5:40	0.0	5:49	0.2	5:18	8:21	
8	Mon	12:49	4.1	1:25	4.2	6:33	0.1	7:03	0.4	5:19	8:21	
9	Tue	1:45	3.9	2:22	4.2	7:35	0.2	8:49	0.6	5:20	8:20	
10	Wed	2:42	3.6	3:20	4.2	8:41	0.3	10:11	0.6	5:20	8:20	
11	Thu	3:42	3.5	4:21	4.1	9:39	0.4	11:12	0.5	5:21	8:20	
12	Fri	4:46	3.4	5:23	4.2	10:29	0.4			5:22	8:19	
13	Sat	5:47	3.4	6:19	4.2	12:01	0.5	11:12 AM	0.4	5:23	8:19	
14	Sun	6:42	3.4	7:10	4.2	12:44	0.4	11:54 AM	0.4	5:23	8:18	
15	Mon	7:31	3.5	7:56	4.2	1:21	0.4	12:36	0.3	5:24	8:17	
16	Tue	8:16	3.6	8:39	4.1	1:55	0.4	1:19	0.3	5:25	8:17	
17	Wed	8:59	3.6	9:20	4.0	2:30	0.3	2:05	0.3	5:26	8:16	
18	Thu	9:41	3.5	9:59	3.9	3:05	0.3	2:50	0.3	5:27	8:16	
19	Fri	10:21	3.5	10:37	3.7	3:39	0.3	3:34	0.3	5:27	8:15	
20	Sat	11:02	3.4	11:15	3.5	4:13	0.3	4:16	0.4	5:28	8:14	
21	Sun	11:42	3.3	11:54	3.3	4:47	0.3	4:58	0.6	5:29	8:13	
22	Mon			12:23	3.2	5:22	0.4	5:42	0.7	5:30	8:12	
23	Tue	12:34	3.1	1:03	3.2	6:00	0.5	6:32	0.8	5:31	8:12	
24	Wed	1:16	3.0	1:44	3.2	6:42	0.5	7:33	0.9	5:32	8:11	
25	Thu	2:01	2.9	2:29	3.3	7:32	0.5	8:47	0.9	5:33	8:10	
26	Fri	2:51	2.9	3:19	3.4	8:27	0.5	9:57	0.8	5:34	8:09	
27	Sat	3:48	2.9	4:18	3.6	9:26	0.4	10:55	0.6	5:35	8:08	
28	Sun	4:52	3.0	5:21	3.8	10:23	0.2	11:46	0.4	5:36	8:07	
29	Mon	5:54	3.3	6:20	4.1	11:18	0.0			5:37	8:06	
30	Tue	6:50	3.6	7:13	4.4	12:34	0.1	12:11	-0.2	5:38	8:05	
31	Wed	7:42	3.9	8:05	4.7	1:23	-0.1	1:04	-0.3	5:39	8:04	