

Newport, RI - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:24	3.4	8:42	4.1	1:51	0.1	1:29	0.1	5:41	7:42	
2	Sat	9:03	3.3	9:18	3.9	2:27	0.1	2:07	0.1	5:40	7:43	
3	Sun	9:41	3.2	9:55	3.7	3:04	0.1	2:47	0.2	5:39	7:45	
4	Mon	10:19	3.0	10:32	3.5	3:41	0.2	3:27	0.3	5:37	7:46	
5	Tue	10:59	2.9	11:11	3.3	4:18	0.3	4:07	0.4	5:36	7:47	
6	Wed	11:42	2.8	11:54	3.1	4:56	0.4	4:47	0.5	5:35	7:48	
7	Thu			12:27	2.7	5:37	0.6	5:31	0.7	5:34	7:49	
8	Fri	12:41	3.0	1:15	2.7	6:24	0.7	6:24	0.8	5:33	7:50	
9	Sat	1:29	2.9	2:04	2.8	7:24	0.7	7:33	0.8	5:32	7:51	
10	Sun	2:19	2.9	2:54	3.0	8:27	0.6	8:55	0.8	5:30	7:52	
11	Mon	3:13	3.0	3:49	3.2	9:22	0.5	10:06	0.6	5:29	7:53	
12	Tue	4:12	3.1	4:47	3.6	10:10	0.2	11:03	0.3	5:28	7:54	
13	Wed	5:13	3.2	5:43	4.0	10:55	0.0	11:54	0.0	5:27	7:55	
14	Thu	6:10	3.4	6:36	4.4	11:39	-0.2			5:26	7:56	
15	Fri	7:04	3.6	7:26	4.7	12:43	-0.2	12:25	-0.4	5:25	7:57	
16	Sat	7:55	3.8	8:17	4.8	1:34	-0.3	1:13	-0.5	5:24	7:58	
17	Sun	8:47	3.9	9:09	4.8	2:28	-0.4	2:03	-0.5	5:23	7:59	
18	Mon	9:40	3.9	10:02	4.7	3:23	-0.3	2:56	-0.4	5:23	8:00	
19	Tue	10:34	3.9	10:58	4.5	4:16	-0.2	3:50	-0.2	5:22	8:01	
20	Wed	11:31	3.8	11:57	4.2	5:10	0.0	4:44	0.0	5:21	8:02	
21	Thu			12:30	3.8	6:13	0.2	5:44	0.3	5:20	8:03	
22	Fri	12:56	3.9	1:29	3.7	7:35	0.3	7:04	0.6	5:19	8:04	
23	Sat	1:54	3.7	2:27	3.7	8:45	0.4	9:03	0.7	5:18	8:05	
24	Sun	2:51	3.4	3:26	3.7	9:39	0.4	10:16	0.6	5:18	8:06	
25	Mon	3:50	3.2	4:25	3.8	10:19	0.5	11:08	0.6	5:17	8:06	
26	Tue	4:49	3.1	5:22	3.8	10:48	0.5	11:48	0.5	5:16	8:07	
27	Wed	5:45	3.1	6:13	3.9	11:13	0.4			5:16	8:08	
28	Thu	6:34	3.1	6:57	3.9	12:21	0.5	11:44 AM	0.4	5:15	8:09	
29	Fri	7:18	3.1	7:38	3.9	12:53	0.4	12:19	0.3	5:15	8:10	
30	Sat	7:59	3.2	8:17	3.9	1:27	0.3	12:58	0.3	5:14	8:11	
31	Sun	8:38	3.2	8:54	3.8	2:06	0.3	1:40	0.3	5:14	8:11	