



Newport, RI - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:30	3.2	9:43	3.7	3:11	0.3	2:50	0.4	5:15	8:23	☉
2	Thu	10:08	3.2	10:20	3.6	3:46	0.3	3:31	0.4	5:15	8:22	☉
3	Fri	10:48	3.2	10:59	3.5	4:17	0.3	4:11	0.4	5:16	8:22	☉
4	Sat	11:30	3.3	11:42	3.4	4:46	0.3	4:50	0.5	5:17	8:22	☾
5	Sun			12:14	3.4	5:18	0.3	5:34	0.6	5:17	8:22	☾
6	Mon	12:28	3.3	1:01	3.5	5:54	0.3	6:26	0.7	5:18	8:21	☾
7	Tue	1:18	3.2	1:50	3.6	6:39	0.3	7:33	0.7	5:18	8:21	☾
8	Wed	2:11	3.2	2:42	3.8	7:33	0.2	8:54	0.7	5:19	8:21	☾
9	Thu	3:08	3.1	3:41	4.0	8:34	0.2	10:14	0.5	5:20	8:20	☾
10	Fri	4:13	3.1	4:47	4.1	9:37	0.1	11:21	0.3	5:21	8:20	☾
11	Sat	5:21	3.3	5:54	4.4	10:41	0.0			5:21	8:19	☾
12	Sun	6:24	3.6	6:54	4.6	12:19	0.2	11:41 AM	-0.1	5:22	8:19	☾
13	Mon	7:22	3.8	7:50	4.8	1:16	0.0	12:39	-0.2	5:23	8:18	☾
14	Tue	8:16	4.1	8:43	4.8	2:13	-0.1	1:38	-0.3	5:24	8:18	☾
15	Wed	9:08	4.3	9:34	4.7	3:05	-0.2	2:38	-0.3	5:24	8:17	☾
16	Thu	10:00	4.4	10:24	4.5	3:51	-0.2	3:34	-0.1	5:25	8:17	☾
17	Fri	10:52	4.3	11:14	4.2	4:29	-0.1	4:26	0.0	5:26	8:16	☾
18	Sat	11:45	4.2			5:04	0.0	5:16	0.3	5:27	8:15	☾
19	Sun	12:05	3.9	12:38	4.1	5:38	0.2	6:09	0.6	5:28	8:15	☾
20	Mon	12:55	3.5	1:30	3.9	6:15	0.4	7:15	0.8	5:29	8:14	☾
21	Tue	1:45	3.2	2:21	3.7	6:58	0.6	8:40	1.0	5:29	8:13	☾
22	Wed	2:36	2.9	3:13	3.5	7:49	0.7	9:51	1.0	5:30	8:12	☾
23	Thu	3:30	2.7	4:10	3.4	8:47	0.8	10:44	0.9	5:31	8:11	☾
24	Fri	4:31	2.7	5:11	3.4	9:46	0.8	11:27	0.9	5:32	8:10	☾
25	Sat	5:32	2.7	6:06	3.4	10:42	0.7			5:33	8:10	☉
26	Sun	6:24	2.9	6:52	3.5	12:07	0.7	11:32 AM	0.6	5:34	8:09	☉
27	Mon	7:08	3.0	7:31	3.6	12:47	0.6	12:19	0.5	5:35	8:08	☉
28	Tue	7:47	3.2	8:06	3.7	1:27	0.5	1:05	0.4	5:36	8:07	☉
29	Wed	8:25	3.3	8:41	3.8	2:07	0.3	1:50	0.3	5:37	8:06	☉
30	Thu	9:02	3.4	9:16	3.8	2:43	0.2	2:33	0.3	5:38	8:05	☉
31	Fri	9:39	3.5	9:52	3.8	3:15	0.1	3:14	0.2	5:39	8:04	☉