

































## Newport, RI - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:00	3.6	4:57	0.3	5:03	0.5	5:15	8:23	
2	Sat	12:14	3.4	12:47	3.5	5:34	0.4	5:51	0.7	5:16	8:22	
3	Sun	12:58	3.2	1:32	3.3	6:16	0.5	6:46	0.8	5:16	8:22	
4	Mon	1:40	3.0	2:16	3.3	7:03	0.6	7:53	0.9	5:17	8:22	
5	Tue	2:22	2.8	3:00	3.2	7:57	0.6	9:05	0.9	5:17	8:22	
6	Wed	3:08	2.7	3:48	3.2	8:54	0.6	10:09	0.8	5:18	8:21	
7	Thu	4:01	2.7	4:41	3.3	9:48	0.5	11:01	0.6	5:19	8:21	
8	Fri	5:01	2.8	5:35	3.5	10:39	0.4	11:47	0.5	5:19	8:21	
9	Sat	5:56	3.0	6:24	3.7	11:27	0.3			5:20	8:20	
10	Sun	6:46	3.2	7:10	4.0	12:31	0.3	12:12	0.1	5:21	8:20	
11	Mon	7:33	3.5	7:55	4.2	1:14	0.1	12:58	0.0	5:22	8:19	
12	Tue	8:20	3.8	8:40	4.4	1:57	-0.1	1:46	-0.1	5:22	8:19	
13	Wed	9:07	4.0	9:27	4.5	2:40	-0.2	2:35	-0.2	5:23	8:18	
14	Thu	9:55	4.1	10:16	4.4	3:22	-0.3	3:24	-0.2	5:24	8:18	
15	Fri	10:46	4.2	11:07	4.3	4:02	-0.3	4:13	-0.1	5:25	8:17	
16	Sat	11:39	4.2			4:43	-0.2	5:03	0.1	5:25	8:16	
17	Sun	12:00	4.2	12:34	4.2	5:27	-0.1	6:00	0.3	5:26	8:16	
18	Mon	12:56	4.0	1:30	4.2	6:16	0.0	7:15	0.5	5:27	8:15	
19	Tue	1:53	3.8	2:27	4.2	7:13	0.2	9:10	0.6	5:28	8:14	
20	Wed	2:51	3.6	3:27	4.2	8:19	0.3	10:30	0.5	5:29	8:14	
21	Thu	3:53	3.5	4:32	4.2	9:27	0.3	11:29	0.4	5:30	8:13	
22	Fri	4:59	3.5	5:36	4.2	10:30	0.3			5:31	8:12	
23	Sat	6:00	3.6	6:33	4.3	12:19	0.4	11:24 AM	0.3	5:32	8:11	
24	Sun	6:55	3.8	7:24	4.3	1:04	0.3	12:12	0.2	5:33	8:10	
25	Mon	7:45	3.9	8:11	4.3	1:45	0.3	12:58	0.2	5:33	8:09	
26	Tue	8:32	4.0	8:54	4.3	2:19	0.2	1:43	0.2	5:34	8:08	
27	Wed	9:16	4.0	9:36	4.1	2:49	0.2	2:29	0.2	5:35	8:07	
28	Thu	9:59	3.9	10:16	3.9	3:18	0.2	3:13	0.2	5:36	8:06	
29	Fri	10:41	3.8	10:55	3.7	3:49	0.2	3:55	0.3	5:37	8:05	
30	Sat	11:23	3.6	11:35	3.4	4:21	0.2	4:36	0.4	5:38	8:04	
31	Sun			12:05	3.5	4:55	0.3	5:19	0.6	5:39	8:03	