US HARBORS www.USHarbors.com

Newport, RI - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:49	3.8			5:03	0.2	5:00	0.4	5:15	8:22	
2	Sun	12:11	3.9	12:41	3.7	5:40	0.4	5:50	0.6	5:16	8:22	
3	Mon	1:01	3.6	1:32	3.5	6:22	0.5	6:51	0.8	5:17	8:22	
4	Tue	1:49	3.3	2:22	3.4	7:10	0.6	8:10	0.9	5:17	8:22	
5	Wed	2:37	3.0	3:11	3.3	8:02	0.7	9:26	0.9	5:18	8:22	
6	Thu	3:26	2.9	4:02	3.3	8:55	0.7	10:23	0.9	5:18	8:21	
7	Fri	4:19	2.8	4:56	3.3	9:45	0.6	11:10	0.7	5:19	8:21	
8	Sat	5:15	2.8	5:46	3.4	10:34	0.5	11:53	0.6	5:20	8:21	
9	Sun	6:06	2.9	6:30	3.5	11:19	0.4			5:20	8:20	
10	Mon	6:50	3.0	7:09	3.7	12:35	0.4	12:04	0.3	5:21	8:20	
11	Tue	7:32	3.2	7:48	3.8	1:17	0.3	12:47	0.2	5:22	8:19	
12	Wed	8:13	3.4	8:27	4.0	1:59	0.2	1:31	0.1	5:23	8:19	
13	Thu	8:55	3.5	9:07	4.0	2:40	0.1	2:15	0.1	5:23	8:18	
14	Fri	9:38	3.6	9:50	4.1	3:18	0.1	3:00	0.1	5:24	8:17	
15	Sat	10:23	3.7	10:36	4.0	3:52	0.0	3:44	0.1	5:25	8:17	
16	Sun	11:11	3.7	11:25	3.9	4:26	0.0	4:29	0.1	5:26	8:16	
17	Mon			12:02	3.8	5:03	0.0	5:17	0.2	5:27	8:16	
18	Tue	12:17	3.8	12:55	3.9	5:45	0.1	6:13	0.4	5:28	8:15	
19	Wed	1:12	3.7	1:49	4.0	6:35	0.2	7:22	0.5	5:28	8:14	
20	Thu	2:08	3.6	2:45	4.1	7:33	0.2	8:50	0.5	5:29	8:13	
21	Fri	3:07	3.5	3:45	4.2	8:37	0.2	10:18	0.5	5:30	8:12	
22	Sat	4:11	3.5	4:50	4.3	9:43	0.2	11:23	0.3	5:31	8:12	
23	Sun	5:18	3.5	5:53	4.5	10:45	0.1			5:32	8:11	
24	Mon	6:19	3.7	6:51	4.6	12:18	0.2	11:41 AM	0.1	5:33	8:10	
25	Tue	7:15	3.9	7:43	4.7	1:09	0.1	12:34	0.0	5:34	8:09	
26	Wed	8:07	4.0	8:33	4.7	1:58	0.1	1:26	0.0	5:35	8:08	
27	Thu	8:56	4.1	9:21	4.6	2:42	0.1	2:18	0.0	5:36	8:07	
28	Fri	9:44	4.1	10:07	4.4	3:20	0.1	3:07	0.1	5:37	8:06	
29	Sat	10:31	4.0	10:52	4.1	3:53	0.1	3:52	0.2	5:38	8:05	
30	Sun	11:19	3.9	11:38	3.8	4:24	0.2	4:35	0.4	5:39	8:04	
31	Mon			12:06	3.7	4:57	0.3	5:19	0.6	5:40	8:03	