

Portsmouth, Melville, RI - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:16	4.3	12:51	4.6	5:25	-0.1	6:07	0.4	5:39	8:02	
2	Mon	1:12	4.1	1:48	4.6	6:15	0.1	7:22	0.6	5:40	8:01	
3	Tue	2:10	3.9	2:46	4.5	7:15	0.3	9:15	0.7	5:41	8:00	
4	Wed	3:10	3.8	3:49	4.5	8:27	0.4	10:35	0.6	5:42	7:59	
5	Thu	4:15	3.7	4:55	4.5	9:44	0.5	11:33	0.5	5:43	7:58	
6	Fri	5:22	3.8	5:59	4.6	10:53	0.4			5:44	7:56	
7	Sat	6:23	4.0	6:54	4.7	12:21	0.4	11:48 AM	0.3	5:45	7:55	
8	Sun	7:16	4.3	7:44	4.8	1:03	0.3	12:36	0.2	5:46	7:54	
9	Mon	8:05	4.4	8:30	4.8	1:39	0.2	1:21	0.2	5:47	7:53	
10	Tue	8:51	4.5	9:13	4.7	2:11	0.2	2:06	0.2	5:49	7:51	
11	Wed	9:35	4.5	9:55	4.5	2:41	0.1	2:49	0.2	5:50	7:50	
12	Thu	10:18	4.4	10:36	4.2	3:13	0.1	3:30	0.3	5:51	7:49	
13	Fri	10:59	4.2	11:16	3.9	3:45	0.2	4:10	0.4	5:52	7:47	
14	Sat	11:41	4.0	11:58	3.6	4:20	0.2	4:50	0.6	5:53	7:46	
15	Sun			12:23	3.8	4:56	0.4	5:33	0.8	5:54	7:44	
16	Mon	12:40	3.3	1:05	3.6	5:35	0.5	6:22	1.0	5:55	7:43	
17	Tue	1:24	3.1	1:47	3.4	6:20	0.7	7:27	1.2	5:56	7:42	
18	Wed	2:09	3.0	2:32	3.4	7:14	0.8	8:52	1.2	5:57	7:40	
19	Thu	2:58	3.0	3:22	3.4	8:18	0.8	10:05	1.1	5:58	7:39	
20	Fri	3:53	3.0	4:21	3.5	9:23	0.8	10:57	0.8	5:59	7:37	
21	Sat	4:55	3.2	5:22	3.7	10:24	0.6	11:39	0.6	6:00	7:36	
22	Sun	5:52	3.5	6:15	4.0	11:17	0.3			6:01	7:34	
23	Mon	6:43	3.9	7:04	4.3	12:18	0.3	12:06	0.1	6:02	7:32	
24	Tue	7:31	4.3	7:50	4.6	12:55	0.0	12:53	-0.2	6:03	7:31	
25	Wed	8:17	4.6	8:36	4.8	1:34	-0.2	1:42	-0.3	6:04	7:29	
26	Thu	9:04	4.9	9:23	4.9	2:14	-0.4	2:32	-0.4	6:05	7:28	
27	Fri	9:52	5.1	10:12	4.8	2:55	-0.5	3:21	-0.4	6:06	7:26	
28	Sat	10:42	5.1	11:04	4.6	3:36	-0.4	4:09	-0.2	6:07	7:25	
29	Sun	11:35	5.0	11:59	4.4	4:18	-0.3	4:59	0.0	6:08	7:23	
30	Mon			12:32	4.8	5:03	-0.1	5:56	0.4	6:09	7:21	
31	Tue	12:56	4.1	1:30	4.7	5:53	0.2	7:19	0.7	6:10	7:20	