

































Portsmouth, Melville, RI - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:37	4.6	6:04	3.7	11:51	-0.3	11:12	-0.6	7:11	4:25	
2	Fri	6:33	4.8	6:58	4.0			12:46	-0.4	7:11	4:26	
3	Sat	7:26	4.9	7:50	4.2	12:07	-0.7	1:39	-0.5	7:11	4:27	
4	Sun	8:17	4.9	8:41	4.3	1:04	-0.7	2:27	-0.5	7:11	4:28	
5	Mon	9:07	4.7	9:32	4.2	1:58	-0.6	3:07	-0.4	7:11	4:29	
6	Tue	9:56	4.4	10:23	4.1	2:49	-0.4	3:42	-0.3	7:11	4:30	
7	Wed	10:46	4.0	11:15	3.9	3:36	-0.2	4:15	-0.1	7:11	4:31	
8	Thu	11:35	3.6			4:23	0.1	4:49	0.1	7:11	4:32	
9	Fri	12:07	3.7	12:24	3.2	5:15	0.4	5:29	0.3	7:11	4:33	
10	Sat	12:58	3.6	1:13	2.9	6:20	0.7	6:16	0.4	7:11	4:34	
11	Sun	1:49	3.4	2:03	2.6	7:45	0.8	7:11	0.5	7:10	4:35	
12	Mon	2:42	3.2	2:59	2.5	8:58	0.8	8:11	0.5	7:10	4:36	
13	Tue	3:42	3.2	4:01	2.5	9:52	0.7	9:09	0.5	7:10	4:37	
14	Wed	4:41	3.2	4:59	2.6	10:36	0.5	10:02	0.3	7:09	4:38	
15	Thu	5:31	3.3	5:46	2.8	11:18	0.4	10:50	0.2	7:09	4:40	
16	Fri	6:13	3.4	6:27	2.9			12:00	0.2	7:08	4:41	
17	Sat	6:50	3.6	7:05	3.1			12:41	0.0	7:08	4:42	
18	Sun	7:26	3.7	7:43	3.3	12:19	-0.1	1:20	-0.1	7:07	4:43	
19	Mon	8:01	3.8	8:21	3.4	1:02	-0.2	1:55	-0.2	7:07	4:44	
20	Tue	8:38	3.9	9:01	3.5	1:43	-0.3	2:26	-0.3	7:06	4:45	
21	Wed	9:18	3.8	9:43	3.6	2:23	-0.3	2:55	-0.4	7:05	4:47	
22	Thu	10:00	3.7	10:27	3.6	3:02	-0.3	3:26	-0.4	7:05	4:48	
23	Fri	10:47	3.6	11:16	3.7	3:43	-0.2	4:01	-0.4	7:04	4:49	
24	Sat	11:38	3.4			4:29	0.0	4:41	-0.3	7:03	4:50	
25	Sun	12:08	3.7	12:33	3.2	5:25	0.2	5:30	-0.2	7:02	4:52	
26	Mon	1:03	3.8	1:31	3.1	6:40	0.4	6:31	-0.1	7:02	4:53	
27	Tue	2:03	3.8	2:34	3.0	8:33	0.4	7:42	0.0	7:01	4:54	
28	Wed	3:10	3.9	3:44	3.1	10:00	0.2	8:57	-0.1	7:00	4:55	
29	Thu	4:22	4.0	4:52	3.3	11:00	0.0	10:08	-0.2	6:59	4:57	
30	Fri	5:27	4.3	5:52	3.7	11:53	-0.2	11:09	-0.4	6:58	4:58	
31	Sat	6:24	4.5	6:45	4.0			12:42	-0.3	6:57	4:59	