





Providence, RI - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:42	4.0	4:18	4.8	8:48	0.8			5:14	8:24	
2	Thu	4:42	3.8	5:18	4.7	12:00	1.2	9:42 AM	0.9	5:15	8:24	
3	Fri	5:42	3.8	6:18	4.7	12:30	1.2	11:36	1.0	5:15	8:24	
4	Sat	6:42	3.8	7:12	4.7	11:24	0.8			5:16	8:23	
5	Sun	7:30	4.0	7:54	4.7	12:18	0.9	12:12	0.7	5:16	8:23	
6	Mon	8:12	4.1	8:30	4.7	1:00	0.8	1:00	0.6	5:17	8:23	
7	Tue	8:48	4.2	9:06	4.7	1:42	0.7	1:48	0.6	5:18	8:22	
8	Wed	9:30	4.2	9:48	4.7	2:30	0.6	2:36	0.6	5:18	8:22	
9	Thu	10:06	4.3	10:24	4.6	3:12	0.5	3:18	0.6	5:19	8:22	
10	Fri	10:48	4.2	11:00	4.5	3:54	0.5	4:06	0.7	5:20	8:21	
11	Sat	11:24	4.3	11:42	4.3	4:36	0.5	4:48	0.8	5:21	8:21	
12	Sun			12:06	4.3	5:12	0.5	5:30	0.9	5:21	8:20	
13	Mon	12:24	4.2	12:48	4.4	5:48	0.5	6:12	1.0	5:22	8:20	
14	Tue	1:12	4.1	1:36	4.5	6:24	0.6	7:00	1.2	5:23	8:19	
15	Wed	2:00	4.0	2:24	4.6	7:12	0.6	8:06	1.2	5:24	8:19	
16	Thu	2:48	4.0	3:12	4.8	8:12	0.6	9:18	1.1	5:25	8:18	
17	Fri	3:48	4.0	4:12	4.9	9:12	0.5	10:18	0.9	5:25	8:17	
18	Sat	4:48	4.1	5:18	5.1	10:12	0.4	11:18	0.7	5:26	8:16	
19	Sun	5:54	4.4	6:24	5.4	11:12	0.1			5:27	8:16	
20	Mon	6:54	4.7	7:24	5.7	12:12	0.4	12:06	-0.1	5:28	8:15	
21	Tue	7:54	5.1	8:18	5.9	1:06	0.2	1:00	-0.3	5:29	8:14	
22	Wed	8:48	5.4	9:06	6.0	1:54	0.0	1:54	-0.3	5:30	8:13	
23	Thu	9:36	5.6	10:00	5.9	2:42	-0.1	2:48	-0.3	5:31	8:12	
24	Fri	10:30	5.7	10:54	5.7	3:30	-0.2	3:42	-0.1	5:32	8:12	
25	Sat	11:24	5.6	11:42	5.3	4:18	-0.1	4:36	0.1	5:33	8:11	
26	Sun			12:18	5.5	5:00	0.0	5:24	0.4	5:34	8:10	
27	Mon	12:36	4.9	1:12	5.3	5:36	0.2	6:12	0.8	5:34	8:09	
28	Tue	1:30	4.5	2:00	5.1	6:24	0.5	7:06	1.1	5:35	8:08	
29	Wed	2:24	4.1	2:54	4.8	7:12	0.8	10:48	1.4	5:36	8:07	
30	Thu	3:12	3.8	3:48	4.5	8:06	1.0	11:36	1.4	5:37	8:06	
31	Fri	4:06	3.7	4:48	4.3	9:12	1.1			5:38	8:05	