
































Providence, RI - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:12	3.6	5:54	4.3	12:18	1.4	11:12	1.2	5:39	8:03	
2	Sun	6:12	3.7	6:48	4.4	11:00	1.0			5:40	8:02	
3	Mon	7:06	3.9	7:30	4.5	12:00	1.1	11:54 AM	0.8	5:41	8:01	
4	Tue	7:48	4.1	8:06	4.6	12:42	0.9	12:42	0.6	5:42	8:00	
5	Wed	8:24	4.3	8:42	4.7	1:24	0.7	1:30	0.5	5:43	7:59	
6	Thu	9:00	4.4	9:18	4.8	2:06	0.5	2:12	0.5	5:44	7:57	
7	Fri	9:36	4.5	9:48	4.7	2:48	0.4	3:00	0.5	5:45	7:56	
8	Sat	10:12	4.6	10:30	4.6	3:24	0.3	3:42	0.5	5:46	7:55	
9	Sun	10:48	4.6	11:12	4.5	4:00	0.3	4:24	0.6	5:48	7:54	
10	Mon	11:30	4.6	11:54	4.3	4:36	0.3	5:00	0.7	5:49	7:52	
11	Tue			12:18	4.6	5:12	0.3	5:42	0.8	5:50	7:51	
12	Wed	12:42	4.2	1:06	4.7	5:48	0.4	6:24	1.0	5:51	7:50	
13	Thu	1:36	4.1	1:54	4.7	6:36	0.5	7:24	1.1	5:52	7:48	
14	Fri	2:30	4.1	2:48	4.8	7:30	0.6	8:42	1.2	5:53	7:47	
15	Sat	3:24	4.1	3:48	4.8	8:42	0.6	9:54	1.0	5:54	7:45	
16	Sun	4:30	4.2	5:00	5.0	9:48	0.4	11:00	0.8	5:55	7:44	
17	Mon	5:36	4.5	6:06	5.3	10:54	0.2	11:54	0.5	5:56	7:42	
18	Tue	6:36	4.9	7:06	5.6	11:54	0.0			5:57	7:41	
19	Wed	7:36	5.3	8:00	5.8	12:48	0.2	12:48	-0.2	5:58	7:39	
20	Thu	8:24	5.7	8:48	5.9	1:30	-0.1	1:42	-0.3	5:59	7:38	
21	Fri	9:18	5.9	9:36	5.7	2:18	-0.2	2:30	-0.2	6:00	7:36	
22	Sat	10:06	5.9	10:30	5.5	3:00	-0.3	3:24	-0.1	6:01	7:35	
23	Sun	11:00	5.7	11:18	5.1	3:42	-0.2	4:12	0.1	6:02	7:33	
24	Mon	11:48	5.5			4:24	0.0	5:00	0.4	6:03	7:32	
25	Tue	12:12	4.6	12:42	5.1	5:06	0.2	5:42	0.7	6:04	7:30	
26	Wed	1:00	4.3	1:30	4.8	5:48	0.5	6:30	1.1	6:05	7:29	
27	Thu	1:54	4.0	2:24	4.4	6:36	0.9	7:24	1.4	6:06	7:27	
28	Fri	2:42	3.7	3:18	4.2	7:30	1.1	11:12	1.6	6:07	7:25	
29	Sat	3:36	3.6	4:12	4.0	8:36	1.3	11:48	1.5	6:08	7:24	
30	Sun	4:36	3.6	5:18	4.0	9:42	1.2	10:48	1.3	6:09	7:22	
31	Mon	5:36	3.7	6:18	4.1	10:42	1.1	11:36	1.1	6:10	7:20	