

Cape Romain, SC - Aug 1990

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:52 | 3.9 | 4:47 | 4.8 | 10:04 | 0.7 | 11:12 | 1.0 | 6:30 | 8:16 | ☾ |
| 2 | Thu | 4:47 | 3.9 | 5:38 | 4.9 | 10:55 | 0.6 | | | 6:31 | 8:15 | ☾ |
| 3 | Fri | 5:40 | 4.0 | 6:25 | 5.0 | 12:01 | 0.9 | 11:45 AM | 0.5 | 6:32 | 8:15 | ☉ |
| 4 | Sat | 6:28 | 4.1 | 7:08 | 5.2 | 12:46 | 0.7 | 12:33 | 0.4 | 6:32 | 8:14 | ☉ |
| 5 | Sun | 7:12 | 4.2 | 7:48 | 5.2 | 1:29 | 0.5 | 1:19 | 0.2 | 6:33 | 8:13 | ☉ |
| 6 | Mon | 7:55 | 4.4 | 8:26 | 5.3 | 2:09 | 0.4 | 2:04 | 0.1 | 6:34 | 8:12 | ☉ |
| 7 | Tue | 8:36 | 4.5 | 9:03 | 5.3 | 2:49 | 0.2 | 2:49 | 0.1 | 6:34 | 8:11 | ☉ |
| 8 | Wed | 9:18 | 4.7 | 9:41 | 5.2 | 3:27 | 0.1 | 3:35 | 0.1 | 6:35 | 8:10 | ☉ |
| 9 | Thu | 10:01 | 4.9 | 10:21 | 5.1 | 4:07 | -0.1 | 4:22 | 0.2 | 6:36 | 8:09 | ☉ |
| 10 | Fri | 10:47 | 5.0 | 11:04 | 4.9 | 4:47 | -0.1 | 5:11 | 0.3 | 6:36 | 8:08 | ☉ |
| 11 | Sat | 11:37 | 5.1 | 11:54 | 4.7 | 5:32 | -0.1 | 6:06 | 0.5 | 6:37 | 8:07 | ☉ |
| 12 | Sun | | | 12:33 | 5.2 | 6:21 | -0.1 | 7:07 | 0.7 | 6:38 | 8:06 | ☉ |
| 13 | Mon | 12:51 | 4.5 | 1:35 | 5.3 | 7:16 | 0.0 | 8:14 | 0.8 | 6:39 | 8:05 | ☉ |
| 14 | Tue | 1:54 | 4.3 | 2:41 | 5.3 | 8:17 | 0.0 | 9:21 | 0.8 | 6:39 | 8:04 | ☾ |
| 15 | Wed | 3:01 | 4.3 | 3:49 | 5.4 | 9:20 | 0.1 | 10:27 | 0.7 | 6:40 | 8:03 | ☾ |
| 16 | Thu | 4:11 | 4.3 | 4:57 | 5.5 | 10:25 | 0.0 | 11:30 | 0.5 | 6:41 | 8:02 | ☾ |
| 17 | Fri | 5:19 | 4.4 | 5:59 | 5.6 | 11:28 | -0.1 | | | 6:41 | 8:01 | ☾ |
| 18 | Sat | 6:20 | 4.6 | 6:53 | 5.7 | 12:27 | 0.4 | 12:27 | -0.2 | 6:42 | 7:59 | ☾ |
| 19 | Sun | 7:16 | 4.8 | 7:42 | 5.7 | 1:19 | 0.2 | 1:23 | -0.2 | 6:43 | 7:58 | ☾ |
| 20 | Mon | 8:07 | 5.0 | 8:28 | 5.6 | 2:07 | 0.1 | 2:15 | -0.2 | 6:43 | 7:57 | ☾ |
| 21 | Tue | 8:56 | 5.1 | 9:11 | 5.4 | 2:52 | 0.0 | 3:04 | -0.1 | 6:44 | 7:56 | ☾ |
| 22 | Wed | 9:43 | 5.1 | 9:52 | 5.2 | 3:34 | 0.1 | 3:51 | 0.1 | 6:45 | 7:55 | ☾ |
| 23 | Thu | 10:27 | 5.1 | 10:31 | 5.0 | 4:13 | 0.2 | 4:36 | 0.4 | 6:45 | 7:54 | ☾ |
| 24 | Fri | 11:10 | 5.0 | 11:11 | 4.7 | 4:50 | 0.3 | 5:20 | 0.7 | 6:46 | 7:52 | ☾ |
| 25 | Sat | 11:54 | 4.9 | 11:53 | 4.5 | 5:27 | 0.5 | 6:06 | 1.0 | 6:47 | 7:51 | ☾ |
| 26 | Sun | | | 12:39 | 4.8 | 6:05 | 0.7 | 6:56 | 1.2 | 6:47 | 7:50 | ☾ |
| 27 | Mon | 12:38 | 4.3 | 1:27 | 4.8 | 6:46 | 0.9 | 7:49 | 1.3 | 6:48 | 7:49 | ☾ |
| 28 | Tue | 1:27 | 4.1 | 2:18 | 4.7 | 7:34 | 1.0 | 8:44 | 1.4 | 6:49 | 7:48 | ☾ |
| 29 | Wed | 2:19 | 4.1 | 3:11 | 4.8 | 8:27 | 1.1 | 9:38 | 1.4 | 6:49 | 7:46 | ☾ |
| 30 | Thu | 3:13 | 4.1 | 4:06 | 4.8 | 9:22 | 1.0 | 10:31 | 1.3 | 6:50 | 7:45 | ☾ |
| 31 | Fri | 4:10 | 4.1 | 5:00 | 5.0 | 10:18 | 0.9 | 11:21 | 1.2 | 6:51 | 7:44 | ☾ |