US HARBORS www.USHarbors.com

Alexandria, VA - Aug 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:23	3.0	4:15	2.4	10:37	1.1	10:01	0.8	5:12	7:23	
2	Fri	4:28	3.1	5:18	2.5	11:41	0.9	11:13	0.8	5:13	7:22	
3	Sat	5:29	3.2	6:15	2.7			12:40	0.7	5:14	7:21	
4	Sun	6:27	3.3	7:08	2.9	12:24	0.6	1:32	0.5	5:15	7:20	
5	Mon	7:22	3.3	7:59	3.0	1:28	0.5	2:21	0.3	5:16	7:19	
6	Tue	8:15	3.4	8:48	3.1	2:24	0.3	3:07	0.2	5:16	7:17	
7	Wed	9:07	3.3	9:37	3.2	3:19	0.2	3:54	0.2	5:17	7:16	
8	Thu	9:58	3.2	10:29	3.3	4:14	0.2	4:41	0.2	5:18	7:15	
9	Fri	10:52	3.1	11:22	3.3	5:09	0.3	5:29	0.3	5:19	7:14	
10	Sat	11:47	3.0			6:04	0.4	6:17	0.3	5:20	7:13	
11	Sun	12:16	3.2	12:43	2.8	7:01	0.6	7:05	0.5	5:21	7:12	
12	Mon	1:11	3.2	1:41	2.7	7:59	0.7	7:58	0.6	5:22	7:10	
13	Tue	2:09	3.1	2:45	2.6	9:01	0.8	8:55	0.8	5:23	7:09	
14	Wed	3:12	3.0	3:51	2.6	10:02	0.8	9:55	0.9	5:24	7:08	
15	Thu	4:13	3.0	4:52	2.6	11:00	0.8	10:54	0.9	5:25	7:07	
16	Fri	5:10	3.0	5:47	2.7	11:54	0.7	11:50	0.9	5:26	7:05	
17	Sat	6:01	3.1	6:36	2.8			12:44	0.6	5:27	7:04	
18	Sun	6:48	3.1	7:21	2.9	12:43	0.8	1:27	0.5	5:27	7:03	
19	Mon	7:31	3.1	8:02	2.9	1:30	0.7	2:06	0.5	5:28	7:01	
20	Tue	8:11	3.1	8:38	3.0	2:12	0.7	2:41	0.5	5:29	7:00	
21	Wed	8:48	3.1	9:11	3.0	2:51	0.7	3:12	0.6	5:30	6:58	
22	Thu	9:23	3.0	9:41	3.0	3:28	0.8	3:42	0.6	5:31	6:57	
23	Fri	9:56	3.0	10:10	3.0	4:04	0.8	4:10	0.7	5:32	6:56	
24	Sat	10:29	2.9	10:41	3.1	4:41	0.9	4:39	0.7	5:33	6:54	
25	Sun	11:05	2.8	11:18	3.1	5:19	1.0	5:11	0.7	5:34	6:53	
26	Mon	11:45	2.7			5:59	1.1	5:49	0.7	5:35	6:51	
27	Tue	12:00	3.1	12:31	2.7	6:45	1.2	6:31	0.8	5:36	6:50	
28	Wed	12:47	3.1	1:24	2.6	7:43	1.2	7:22	0.9	5:37	6:48	
29	Thu	1:42	3.1	2:31	2.5	8:59	1.3	8:27	1.0	5:37	6:47	
30	Fri	2:49	3.1	3:48	2.5	10:11	1.2	9:46	1.0	5:38	6:45	
31	Sat	4:03	3.1	4:56	2.7	11:15	1.0	11:04	0.8	5:39	6:44	