

Alexandria, VA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:34	3.1			5:49	0.3	6:13	0.3	6:09	8:19	
2	Sat	12:04	3.1	12:28	3.0	6:43	0.4	6:59	0.4	6:10	8:18	
3	Sun	12:57	3.1	1:23	2.9	7:36	0.6	7:44	0.5	6:11	8:17	
4	Mon	1:50	3.1	2:17	2.7	8:31	0.7	8:29	0.6	6:11	8:16	
5	Tue	2:43	3.0	3:14	2.6	9:29	0.8	9:18	0.8	6:12	8:15	
6	Wed	3:40	3.0	4:16	2.5	10:28	0.9	10:11	0.9	6:13	8:14	
7	Thu	4:40	3.0	5:17	2.5	11:25	0.9	11:07	0.9	6:14	8:13	
8	Fri	5:36	3.0	6:13	2.6			12:20	0.8	6:15	8:11	
9	Sat	6:28	3.0	7:04	2.6	12:01	0.9	1:11	0.7	6:16	8:10	
10	Sun	7:15	3.0	7:51	2.7	12:55	0.9	1:57	0.6	6:17	8:09	
11	Mon	7:59	3.1	8:34	2.8	1:45	0.8	2:38	0.6	6:18	8:08	
12	Tue	8:39	3.1	9:12	2.9	2:31	0.7	3:15	0.5	6:19	8:07	
13	Wed	9:16	3.1	9:46	2.9	3:13	0.7	3:49	0.5	6:20	8:05	
14	Thu	9:50	3.1	10:16	3.0	3:52	0.7	4:22	0.5	6:20	8:04	
15	Fri	10:22	3.1	10:46	3.0	4:30	0.7	4:53	0.6	6:21	8:03	
16	Sat	10:56	3.0	11:18	3.1	5:08	0.7	5:24	0.6	6:22	8:01	
17	Sun	11:34	3.0	11:55	3.1	5:48	0.8	5:57	0.6	6:23	8:00	
18	Mon			12:15	2.9	6:30	0.9	6:33	0.6	6:24	7:59	
19	Tue	12:38	3.2	1:02	2.8	7:17	0.9	7:13	0.7	6:25	7:57	
20	Wed	1:25	3.2	1:53	2.7	8:10	1.0	8:00	0.7	6:26	7:56	
21	Thu	2:18	3.2	2:53	2.6	9:20	1.1	8:58	0.9	6:27	7:55	
22	Fri	3:20	3.2	4:08	2.5	10:37	1.1	10:14	0.9	6:28	7:53	
23	Sat	4:33	3.1	5:24	2.6	11:48	1.0	11:36	0.9	6:29	7:52	
24	Sun	5:44	3.2	6:29	2.7			12:51	0.8	6:30	7:50	
25	Mon	6:49	3.2	7:27	2.9	12:49	0.7	1:48	0.6	6:30	7:49	
26	Tue	7:48	3.3	8:21	3.1	1:54	0.5	2:39	0.4	6:31	7:48	
27	Wed	8:42	3.3	9:11	3.2	2:52	0.3	3:26	0.3	6:32	7:46	
28	Thu	9:33	3.3	9:58	3.3	3:45	0.3	4:11	0.3	6:33	7:45	
29	Fri	10:22	3.2	10:45	3.3	4:36	0.3	4:56	0.3	6:34	7:43	
30	Sat	11:11	3.1	11:33	3.3	5:27	0.4	5:39	0.4	6:35	7:42	
31	Sun			12:01	3.0	6:19	0.5	6:22	0.5	6:36	7:40	