

Alexandria, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:33	2.0	1:58	2.2	7:42	-0.2	8:30	0.1	7:26	4:56	
2	Fri	2:28	1.9	2:54	2.2	8:32	-0.2	9:40	0.1	7:26	4:57	
3	Sat	3:32	1.8	3:56	2.3	9:30	-0.2	10:51	0.0	7:26	4:58	
4	Sun	4:36	1.8	4:55	2.4	10:33	-0.2	11:58	-0.1	7:26	4:59	
5	Mon	5:35	1.9	5:52	2.5	11:40	-0.3			7:26	5:00	
6	Tue	6:32	2.0	6:48	2.6	12:59	-0.3	12:48	-0.4	7:26	5:01	
7	Wed	7:26	2.1	7:43	2.6	1:54	-0.5	1:50	-0.6	7:26	5:02	
8	Thu	8:19	2.2	8:37	2.6	2:45	-0.6	2:47	-0.7	7:26	5:03	
9	Fri	9:10	2.2	9:31	2.5	3:34	-0.7	3:42	-0.8	7:26	5:04	
10	Sat	10:03	2.3	10:27	2.5	4:23	-0.8	4:38	-0.9	7:26	5:05	
11	Sun	10:56	2.4	11:23	2.4	5:12	-0.8	5:34	-0.9	7:26	5:06	
12	Mon	11:51	2.4			6:00	-0.8	6:28	-0.8	7:25	5:07	
13	Tue	12:19	2.3	12:45	2.4	6:47	-0.7	7:23	-0.7	7:25	5:08	
14	Wed	1:14	2.2	1:39	2.3	7:35	-0.6	8:21	-0.5	7:25	5:09	
15	Thu	2:11	2.0	2:36	2.3	8:27	-0.5	9:22	-0.4	7:25	5:10	
16	Fri	3:11	1.9	3:36	2.2	9:21	-0.4	10:22	-0.3	7:24	5:11	
17	Sat	4:12	1.9	4:33	2.2	10:16	-0.3	11:20	-0.3	7:24	5:12	
18	Sun	5:08	1.9	5:27	2.2	11:11	-0.3			7:23	5:13	
19	Mon	6:02	1.9	6:17	2.2	12:16	-0.4	12:06	-0.3	7:23	5:14	
20	Tue	6:52	1.9	7:04	2.2	1:06	-0.4	12:58	-0.3	7:22	5:15	
21	Wed	7:39	2.0	7:48	2.2	1:51	-0.5	1:44	-0.3	7:22	5:16	
22	Thu	8:22	2.0	8:28	2.2	2:32	-0.5	2:27	-0.4	7:21	5:17	
23	Fri	9:01	2.0	9:06	2.2	3:09	-0.5	3:07	-0.4	7:21	5:19	
24	Sat	9:36	2.0	9:43	2.2	3:43	-0.4	3:45	-0.4	7:20	5:20	
25	Sun	10:09	2.1	10:19	2.1	4:16	-0.4	4:22	-0.4	7:19	5:21	
26	Mon	10:41	2.1	10:55	2.1	4:47	-0.4	5:00	-0.3	7:19	5:22	
27	Tue	11:13	2.1	11:32	2.1	5:16	-0.4	5:38	-0.3	7:18	5:23	
28	Wed	11:49	2.2			5:48	-0.4	6:17	-0.2	7:17	5:24	
29	Thu	12:13	2.0	12:30	2.3	6:23	-0.4	7:01	-0.2	7:16	5:25	
30	Fri	12:57	2.0	1:17	2.3	7:03	-0.4	7:55	-0.1	7:16	5:27	
31	Sat	1:50	1.9	2:11	2.3	7:52	-0.3	9:07	0.0	7:15	5:28	