

Alexandria, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:15	3.2	7:51	2.7	1:06	0.6	2:10	0.4	5:46	8:37	
2	Thu	8:02	3.2	8:39	2.8	1:58	0.7	2:58	0.4	5:47	8:37	
3	Fri	8:46	3.2	9:25	2.8	2:46	0.7	3:41	0.4	5:47	8:36	
4	Sat	9:28	3.2	10:08	2.8	3:30	0.8	4:22	0.4	5:48	8:36	
5	Sun	10:08	3.1	10:50	2.8	4:11	0.8	5:00	0.5	5:48	8:36	
6	Mon	10:48	3.0	11:30	2.8	4:52	0.9	5:36	0.6	5:49	8:36	
7	Tue	11:28	2.9			5:32	0.9	6:09	0.7	5:49	8:36	
8	Wed	12:09	2.8	12:09	2.9	6:12	0.9	6:39	0.7	5:50	8:35	
9	Thu	12:46	2.8	12:49	2.8	6:52	1.0	7:09	0.7	5:51	8:35	
10	Fri	1:22	2.8	1:30	2.7	7:34	1.0	7:41	0.7	5:51	8:35	
11	Sat	2:00	2.9	2:14	2.6	8:19	1.1	8:19	0.8	5:52	8:34	
12	Sun	2:44	2.9	3:05	2.5	9:15	1.1	9:05	0.8	5:53	8:34	
13	Mon	3:35	2.9	4:08	2.5	10:23	1.2	10:00	0.8	5:53	8:33	
14	Tue	4:34	3.0	5:14	2.4	11:31	1.1	11:01	0.8	5:54	8:33	
15	Wed	5:33	3.1	6:14	2.5			12:36	1.0	5:55	8:32	
16	Thu	6:29	3.2	7:10	2.6	12:06	0.8	1:35	0.8	5:55	8:32	
17	Fri	7:23	3.3	8:03	2.7	1:14	0.7	2:29	0.6	5:56	8:31	
18	Sat	8:16	3.3	8:54	2.8	2:19	0.6	3:19	0.4	5:57	8:31	
19	Sun	9:08	3.4	9:44	3.0	3:17	0.4	4:06	0.3	5:58	8:30	
20	Mon	10:00	3.3	10:34	3.0	4:13	0.3	4:54	0.2	5:58	8:29	
21	Tue	10:53	3.3	11:26	3.1	5:08	0.3	5:42	0.2	5:59	8:29	
22	Wed	11:48	3.2			6:05	0.3	6:30	0.2	6:00	8:28	
23	Thu	12:20	3.2	12:45	3.1	7:01	0.4	7:18	0.3	6:01	8:27	
24	Fri	1:15	3.2	1:41	2.9	7:57	0.5	8:06	0.4	6:02	8:26	
25	Sat	2:10	3.1	2:39	2.8	8:56	0.6	8:57	0.5	6:03	8:26	
26	Sun	3:07	3.1	3:41	2.7	9:58	0.7	9:53	0.6	6:03	8:25	
27	Mon	4:09	3.1	4:45	2.6	11:00	0.7	10:51	0.7	6:04	8:24	
28	Tue	5:10	3.1	5:46	2.6	11:59	0.7	11:48	0.8	6:05	8:23	
29	Wed	6:06	3.1	6:42	2.6			12:56	0.6	6:06	8:22	
30	Thu	6:57	3.1	7:33	2.7	12:44	0.8	1:47	0.5	6:07	8:21	
31	Fri	7:45	3.1	8:21	2.8	1:38	0.7	2:33	0.4	6:08	8:20	