

Alexandria, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:29	3.1	9:05	2.8	2:27	0.7	3:15	0.4	6:09	8:19	
2	Sun	9:10	3.1	9:44	2.9	3:11	0.7	3:52	0.5	6:09	8:18	
3	Mon	9:49	3.1	10:21	2.9	3:51	0.7	4:26	0.5	6:10	8:17	
4	Tue	10:26	3.0	10:55	2.9	4:29	0.7	4:58	0.6	6:11	8:16	
5	Wed	11:01	3.0	11:28	2.9	5:06	0.8	5:28	0.6	6:12	8:15	
6	Thu	11:36	2.9			5:43	0.9	5:56	0.7	6:13	8:14	
7	Fri	12:00	2.9	12:12	2.8	6:21	0.9	6:26	0.7	6:14	8:13	
8	Sat	12:34	3.0	12:50	2.7	7:00	1.0	6:59	0.7	6:15	8:12	
9	Sun	1:12	3.0	1:33	2.7	7:44	1.1	7:38	0.7	6:16	8:11	
10	Mon	1:56	3.0	2:22	2.5	8:37	1.2	8:24	0.8	6:17	8:09	
11	Tue	2:48	3.0	3:24	2.5	9:47	1.2	9:22	0.9	6:18	8:08	
12	Wed	3:50	3.1	4:38	2.4	11:02	1.2	10:33	0.9	6:18	8:07	
13	Thu	5:00	3.1	5:47	2.5			12:09	1.0	6:19	8:06	
14	Fri	6:05	3.2	6:47	2.7			1:09	0.8	6:20	8:04	
15	Sat	7:05	3.3	7:42	2.9	1:02	0.7	2:04	0.6	6:21	8:03	
16	Sun	8:02	3.3	8:34	3.1	2:07	0.5	2:54	0.4	6:22	8:02	
17	Mon	8:55	3.4	9:23	3.2	3:04	0.3	3:41	0.3	6:23	8:00	
18	Tue	9:46	3.4	10:12	3.3	3:58	0.2	4:27	0.2	6:24	7:59	
19	Wed	10:37	3.3	11:01	3.3	4:52	0.2	5:13	0.2	6:25	7:58	
20	Thu	11:29	3.2	11:53	3.3	5:46	0.3	6:00	0.3	6:26	7:56	
21	Fri			12:22	3.0	6:41	0.4	6:48	0.4	6:27	7:55	
22	Sat	12:46	3.3	1:18	2.9	7:37	0.5	7:36	0.5	6:27	7:54	
23	Sun	1:40	3.2	2:15	2.8	8:34	0.7	8:26	0.7	6:28	7:52	
24	Mon	2:37	3.1	3:16	2.6	9:34	0.8	9:22	0.8	6:29	7:51	
25	Tue	3:38	3.0	4:22	2.6	10:35	0.9	10:24	0.9	6:30	7:49	
26	Wed	4:43	3.0	5:25	2.6	11:34	0.9	11:24	1.0	6:31	7:48	
27	Thu	5:43	3.0	6:22	2.7			12:28	0.8	6:32	7:46	
28	Fri	6:37	3.0	7:13	2.8	12:22	0.9	1:18	0.7	6:33	7:45	
29	Sat	7:25	3.0	7:58	2.9	1:16	0.9	2:03	0.6	6:34	7:43	
30	Sun	8:10	3.1	8:40	3.0	2:05	0.8	2:43	0.6	6:35	7:42	
31	Mon	8:50	3.1	9:17	3.0	2:48	0.7	3:18	0.6	6:36	7:40	