

Alexandria, VA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:37	2.5	8:57	2.5	2:45	-0.4	3:07	-0.4	6:39	6:01	●
2	Tue	9:15	2.5	9:38	2.4	3:21	-0.3	3:47	-0.3	6:38	6:02	●
3	Wed	9:51	2.5	10:18	2.4	3:55	-0.2	4:27	-0.2	6:36	6:03	●
4	Thu	10:26	2.5	10:57	2.3	4:27	-0.1	5:05	-0.1	6:35	6:04	●
5	Fri	10:59	2.5	11:36	2.3	4:57	-0.1	5:42	0.0	6:33	6:05	●
6	Sat	11:33	2.5			5:29	0.0	6:18	0.1	6:32	6:06	●
7	Sun	12:15	2.2	12:11	2.5	6:05	0.0	6:56	0.2	6:30	6:07	●
8	Mon	12:56	2.2	12:53	2.5	6:46	0.1	7:41	0.3	6:29	6:08	●
9	Tue	1:42	2.2	1:43	2.5	7:35	0.1	8:38	0.3	6:27	6:09	●
10	Wed	2:39	2.2	2:43	2.5	8:34	0.2	9:42	0.3	6:26	6:10	●
11	Thu	3:42	2.2	3:51	2.5	9:43	0.2	10:44	0.2	6:24	6:11	●
12	Fri	4:41	2.4	4:55	2.5	10:53	0.1	11:43	0.1	6:23	6:12	●
13	Sat	5:34	2.5	5:53	2.6			12:00	-0.1	6:21	6:13	○
14	Sun	6:25	2.7	6:48	2.7	12:39	0.0	1:02	-0.3	6:20	6:14	○
15	Mon	7:14	2.9	7:40	2.8	1:31	-0.2	1:58	-0.4	6:18	6:15	○
16	Tue	8:03	3.0	8:31	2.8	2:19	-0.3	2:51	-0.5	6:17	6:16	○
17	Wed	8:51	3.1	9:22	2.8	3:07	-0.4	3:43	-0.5	6:15	6:17	○
18	Thu	9:40	3.1	10:14	2.8	3:56	-0.3	4:37	-0.5	6:14	6:18	○
19	Fri	10:32	3.1	11:10	2.7	4:47	-0.3	5:32	-0.4	6:12	6:19	○
20	Sat	11:26	3.0			5:39	-0.2	6:26	-0.2	6:10	6:20	○
21	Sun	12:07	2.6	12:22	2.9	6:32	-0.1	7:21	-0.1	6:09	6:21	○
22	Mon	1:06	2.5	1:21	2.8	7:29	0.1	8:19	0.1	6:07	6:22	○
23	Tue	2:07	2.5	2:24	2.6	8:30	0.2	9:18	0.2	6:06	6:23	●
24	Wed	3:12	2.5	3:31	2.6	9:33	0.3	10:15	0.2	6:04	6:24	●
25	Thu	4:14	2.5	4:34	2.5	10:34	0.3	11:10	0.2	6:03	6:25	●
26	Fri	5:11	2.6	5:30	2.6	11:32	0.2			6:01	6:26	●
27	Sat	6:01	2.7	6:21	2.6	12:02	0.2	12:26	0.2	5:59	6:26	●
28	Sun	6:48	2.8	7:08	2.7	12:49	0.1	1:16	0.1	5:58	6:27	●
29	Mon	7:31	2.9	7:52	2.7	1:32	0.1	2:01	0.0	5:56	6:28	●
30	Tue	8:10	2.9	8:33	2.7	2:11	0.2	2:43	0.1	5:55	6:29	●
31	Wed	8:45	2.9	9:12	2.7	2:46	0.2	3:22	0.1	5:53	6:30	●