

Alexandria, VA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:17	3.2	10:59	2.8	4:20	0.7	5:15	0.6	6:09	8:00	
2	Sun	10:49	3.2	11:35	2.8	4:56	0.7	5:53	0.6	6:08	8:01	
3	Mon	11:25	3.2			5:36	0.8	6:31	0.6	6:07	8:02	
4	Tue	12:14	2.8	12:08	3.2	6:19	0.8	7:09	0.7	6:06	8:03	
5	Wed	12:56	2.8	12:55	3.1	7:05	0.8	7:49	0.7	6:05	8:04	
6	Thu	1:42	2.9	1:47	3.1	7:55	0.8	8:35	0.7	6:04	8:05	
7	Fri	2:33	2.9	2:45	3.0	8:53	0.8	9:30	0.7	6:03	8:06	
8	Sat	3:31	3.0	3:51	3.0	10:01	0.8	10:30	0.7	6:01	8:07	
9	Sun	4:34	3.1	5:00	3.0	11:12	0.7	11:31	0.6	6:00	8:08	
10	Mon	5:35	3.3	6:04	3.0			12:19	0.6	5:59	8:09	
11	Tue	6:31	3.4	7:02	3.1	12:31	0.5	1:23	0.4	5:58	8:09	
12	Wed	7:24	3.5	7:58	3.1	1:30	0.4	2:22	0.2	5:58	8:10	
13	Thu	8:17	3.6	8:52	3.1	2:26	0.4	3:17	0.1	5:57	8:11	
14	Fri	9:08	3.6	9:45	3.1	3:19	0.3	4:10	0.1	5:56	8:12	
15	Sat	9:58	3.6	10:38	3.0	4:12	0.4	5:02	0.1	5:55	8:13	
16	Sun	10:50	3.4	11:33	3.0	5:05	0.4	5:54	0.2	5:54	8:14	
17	Mon	11:44	3.3			6:00	0.6	6:45	0.3	5:53	8:15	
18	Tue	12:30	3.0	12:40	3.2	6:54	0.7	7:35	0.4	5:52	8:16	
19	Wed	1:27	2.9	1:37	3.0	7:48	0.8	8:23	0.6	5:52	8:17	
20	Thu	2:22	2.9	2:34	2.9	8:43	0.9	9:12	0.7	5:51	8:17	
21	Fri	3:18	2.9	3:34	2.8	9:40	0.9	10:02	0.8	5:50	8:18	
22	Sat	4:15	3.0	4:34	2.8	10:37	0.9	10:51	0.8	5:49	8:19	
23	Sun	5:10	3.0	5:31	2.8	11:33	0.9	11:39	0.8	5:49	8:20	
24	Mon	6:00	3.1	6:23	2.8			12:26	0.8	5:48	8:21	
25	Tue	6:46	3.1	7:11	2.8	12:25	0.8	1:17	0.7	5:47	8:22	
26	Wed	7:28	3.2	7:56	2.8	1:11	0.7	2:05	0.7	5:47	8:22	
27	Thu	8:08	3.2	8:39	2.8	1:54	0.7	2:49	0.6	5:46	8:23	
28	Fri	8:43	3.2	9:19	2.8	2:36	0.7	3:31	0.6	5:46	8:24	
29	Sat	9:17	3.3	9:56	2.8	3:15	0.7	4:10	0.6	5:45	8:25	
30	Sun	9:49	3.3	10:31	2.8	3:54	0.7	4:50	0.6	5:45	8:25	
31	Mon	10:23	3.3	11:08	2.8	4:35	0.8	5:29	0.6	5:44	8:26	