

Alexandria, VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:30	3.2			5:51	0.6	6:26	0.4	5:46	8:37	
2	Fri	12:07	3.1	12:20	3.2	6:42	0.6	7:09	0.4	5:47	8:37	
3	Sat	12:56	3.1	1:13	3.1	7:34	0.6	7:54	0.4	5:47	8:36	
4	Sun	1:48	3.2	2:09	3.0	8:32	0.7	8:44	0.5	5:48	8:36	
5	Mon	2:44	3.2	3:12	2.9	9:37	0.7	9:43	0.5	5:48	8:36	
6	Tue	3:46	3.2	4:21	2.8	10:45	0.7	10:46	0.5	5:49	8:36	
7	Wed	4:51	3.2	5:29	2.8	11:50	0.6	11:50	0.5	5:50	8:35	
8	Thu	5:53	3.3	6:30	2.8			12:52	0.5	5:50	8:35	
9	Fri	6:50	3.4	7:27	2.9	12:52	0.5	1:50	0.3	5:51	8:35	
10	Sat	7:45	3.4	8:21	2.9	1:52	0.4	2:44	0.2	5:52	8:34	
11	Sun	8:36	3.4	9:12	3.0	2:47	0.4	3:33	0.1	5:52	8:34	
12	Mon	9:25	3.3	10:00	3.0	3:38	0.4	4:19	0.2	5:53	8:34	
13	Tue	10:13	3.2	10:48	3.0	4:28	0.4	5:04	0.2	5:54	8:33	
14	Wed	11:00	3.1	11:35	3.0	5:17	0.5	5:47	0.3	5:54	8:33	
15	Thu	11:49	3.0			6:05	0.6	6:28	0.5	5:55	8:32	
16	Fri	12:23	2.9	12:39	2.9	6:52	0.7	7:07	0.6	5:56	8:32	
17	Sat	1:10	2.9	1:28	2.8	7:38	0.8	7:43	0.6	5:57	8:31	
18	Sun	1:56	2.9	2:18	2.7	8:26	1.0	8:19	0.7	5:57	8:30	
19	Mon	2:44	2.9	3:11	2.6	9:17	1.0	9:01	0.8	5:58	8:30	
20	Tue	3:35	2.9	4:10	2.5	10:13	1.1	9:50	0.8	5:59	8:29	
21	Wed	4:31	2.9	5:08	2.5	11:10	1.0	10:46	0.8	6:00	8:28	
22	Thu	5:24	2.9	6:02	2.6			12:04	1.0	6:01	8:28	
23	Fri	6:13	3.0	6:51	2.6			12:56	0.8	6:01	8:27	
24	Sat	6:58	3.1	7:36	2.7	12:38	0.7	1:45	0.7	6:02	8:26	
25	Sun	7:40	3.1	8:17	2.8	1:33	0.6	2:31	0.5	6:03	8:25	
26	Mon	8:21	3.2	8:57	2.9	2:24	0.5	3:13	0.4	6:04	8:24	
27	Tue	9:02	3.3	9:35	3.0	3:12	0.5	3:54	0.3	6:05	8:23	
28	Wed	9:43	3.3	10:15	3.1	3:58	0.4	4:35	0.3	6:06	8:23	
29	Thu	10:27	3.3	10:57	3.2	4:46	0.4	5:17	0.3	6:06	8:22	
30	Fri	11:13	3.2	11:44	3.2	5:37	0.4	6:01	0.3	6:07	8:21	
31	Sat			12:04	3.2	6:29	0.5	6:47	0.3	6:08	8:20	