

Alexandria, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:34	3.3	12:58	3.1	7:23	0.5	7:35	0.3	6:09	8:19	
2	Mon	1:27	3.3	1:55	2.9	8:21	0.6	8:27	0.4	6:10	8:18	
3	Tue	2:24	3.2	2:58	2.8	9:25	0.7	9:27	0.5	6:11	8:17	
4	Wed	3:27	3.2	4:07	2.7	10:31	0.7	10:33	0.6	6:12	8:16	
5	Thu	4:35	3.2	5:16	2.7	11:35	0.6	11:38	0.6	6:13	8:14	
6	Fri	5:40	3.2	6:18	2.8			12:36	0.5	6:14	8:13	
7	Sat	6:39	3.2	7:15	2.9	12:40	0.5	1:32	0.4	6:14	8:12	
8	Sun	7:32	3.3	8:07	3.0	1:39	0.5	2:23	0.3	6:15	8:11	
9	Mon	8:23	3.3	8:55	3.1	2:33	0.4	3:10	0.2	6:16	8:10	
10	Tue	9:10	3.3	9:39	3.1	3:22	0.4	3:53	0.2	6:17	8:09	
11	Wed	9:54	3.2	10:22	3.1	4:08	0.4	4:34	0.3	6:18	8:07	
12	Thu	10:38	3.1	11:04	3.1	4:53	0.5	5:12	0.4	6:19	8:06	
13	Fri	11:22	3.0	11:45	3.0	5:37	0.6	5:49	0.5	6:20	8:05	
14	Sat			12:06	2.9	6:20	0.8	6:22	0.6	6:21	8:04	
15	Sun	12:27	3.0	12:51	2.8	7:03	0.9	6:54	0.7	6:22	8:02	
16	Mon	1:08	3.0	1:37	2.7	7:46	1.0	7:28	0.8	6:23	8:01	
17	Tue	1:50	2.9	2:25	2.6	8:32	1.1	8:07	0.8	6:23	8:00	
18	Wed	2:35	2.9	3:20	2.5	9:25	1.2	8:57	0.9	6:24	7:58	
19	Thu	3:28	2.9	4:21	2.5	10:24	1.2	9:57	1.0	6:25	7:57	
20	Fri	4:30	2.9	5:20	2.6	11:22	1.1	11:02	0.9	6:26	7:56	
21	Sat	5:29	3.0	6:12	2.7			12:16	1.0	6:27	7:54	
22	Sun	6:21	3.0	6:59	2.8	12:04	0.8	1:07	0.8	6:28	7:53	
23	Mon	7:09	3.2	7:43	3.0	1:04	0.7	1:55	0.6	6:29	7:51	
24	Tue	7:54	3.3	8:25	3.1	1:59	0.5	2:40	0.4	6:30	7:50	
25	Wed	8:39	3.3	9:07	3.3	2:51	0.4	3:23	0.3	6:31	7:49	
26	Thu	9:24	3.4	9:49	3.4	3:40	0.3	4:06	0.3	6:32	7:47	
27	Fri	10:09	3.3	10:33	3.4	4:29	0.3	4:50	0.2	6:32	7:46	
28	Sat	10:56	3.3	11:21	3.4	5:21	0.3	5:36	0.3	6:33	7:44	
29	Sun	11:48	3.2			6:15	0.4	6:25	0.3	6:34	7:43	
30	Mon	12:12	3.4	12:43	3.1	7:11	0.5	7:17	0.4	6:35	7:41	
31	Tue	1:07	3.4	1:42	2.9	8:09	0.6	8:12	0.6	6:36	7:40	