US HARBORS www.USHarbors.com

Alexandria, VA - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:06	3.3	2:45	2.8	9:11	0.7	9:14	0.7	6:37	7:38	
2	Thu	3:10	3.2	3:55	2.8	10:15	0.8	10:21	0.7	6:38	7:37	
3	Fri	4:20	3.1	5:04	2.8	11:17	0.7	11:26	0.7	6:39	7:35	
4	Sat	5:27	3.1	6:06	2.9			12:15	0.6	6:40	7:33	
5	Sun	6:26	3.1	7:00	3.0	12:27	0.7	1:09	0.5	6:40	7:32	
6	Mon	7:19	3.2	7:50	3.1	1:24	0.6	1:59	0.4	6:41	7:30	
7	Tue	8:07	3.2	8:35	3.2	2:16	0.5	2:44	0.4	6:42	7:29	
8	Wed	8:52	3.2	9:16	3.2	3:03	0.4	3:24	0.4	6:43	7:27	
9	Thu	9:34	3.2	9:55	3.2	3:46	0.5	4:02	0.4	6:44	7:26	
10	Fri	10:15	3.1	10:32	3.2	4:28	0.6	4:36	0.5	6:45	7:24	
11	Sat	10:55	3.1	11:09	3.2	5:09	0.7	5:09	0.7	6:46	7:22	
12	Sun	11:35	2.9	11:44	3.1	5:50	0.8	5:39	0.7	6:47	7:21	
13	Mon			12:16	2.8	6:29	1.0	6:11	0.8	6:48	7:19	
14	Tue	12:21	3.1	12:58	2.8	7:09	1.1	6:47	0.9	6:48	7:18	
15	Wed	12:59	3.1	1:41	2.7	7:50	1.1	7:28	0.9	6:49	7:16	
16	Thu	1:41	3.0	2:29	2.6	8:37	1.2	8:17	1.0	6:50	7:14	
17	Fri	2:31	3.0	3:26	2.6	9:33	1.2	9:17	1.0	6:51	7:13	
18	Sat	3:31	2.9	4:31	2.7	10:34	1.2	10:26	1.0	6:52	7:11	
19	Sun	4:40	3.0	5:29	2.8	11:31	1.0	11:33	0.9	6:53	7:10	
20	Mon	5:42	3.0	6:20	3.0			12:25	0.9	6:54	7:08	
21	Tue	6:37	3.2	7:08	3.1	12:36	0.7	1:17	0.7	6:55	7:06	
22	Wed	7:27	3.3	7:53	3.3	1:35	0.5	2:06	0.5	6:56	7:05	
23	Thu	8:15	3.3	8:39	3.5	2:29	0.4	2:52	0.3	6:57	7:03	
24	Fri	9:03	3.4	9:24	3.6	3:21	0.3	3:37	0.2	6:57	7:02	
25	Sat	9:50	3.4	10:10	3.6	4:12	0.2	4:24	0.2	6:58	7:00	
26	Sun	10:39	3.3	10:59	3.6	5:05	0.3	5:13	0.3	6:59	6:58	
27	Mon	11:32	3.2	11:52	3.5	6:00	0.4	6:05	0.4	7:00	6:57	
28	Tue			12:29	3.0	6:56	0.5	7:00	0.5	7:01	6:55	
29	Wed	12:49	3.4	1:29	2.9	7:53	0.6	7:58	0.6	7:02	6:54	
30	Thu	1:49	3.2	2:32	2.8	8:52	0.7	9:00	0.7	7:03	6:52	