

Alexandria, VA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:53	3.1	3:40	2.8	9:53	0.7	10:05	0.8	7:04	6:51	
2	Sat	4:03	3.0	4:47	2.8	10:52	0.7	11:09	0.8	7:05	6:49	
3	Sun	5:10	3.0	5:48	2.9	11:48	0.7			7:06	6:47	
4	Mon	6:08	3.0	6:40	3.0	12:08	0.7	12:41	0.6	7:07	6:46	
5	Tue	7:00	3.1	7:28	3.1	1:04	0.6	1:29	0.5	7:08	6:44	
6	Wed	7:47	3.1	8:12	3.2	1:55	0.5	2:13	0.4	7:09	6:43	
7	Thu	8:31	3.1	8:52	3.2	2:41	0.4	2:53	0.4	7:10	6:41	
8	Fri	9:13	3.1	9:29	3.2	3:24	0.5	3:29	0.5	7:10	6:40	
9	Sat	9:52	3.0	10:03	3.2	4:04	0.5	4:03	0.5	7:11	6:38	
10	Sun	10:30	3.0	10:36	3.2	4:44	0.6	4:34	0.6	7:12	6:37	
11	Mon	11:07	2.9	11:08	3.1	5:22	0.7	5:05	0.7	7:13	6:35	
12	Tue	11:45	2.8	11:41	3.1	6:01	0.8	5:38	0.8	7:14	6:34	
13	Wed			12:23	2.7	6:39	0.9	6:17	0.8	7:15	6:32	
14	Thu	12:19	3.1	1:03	2.7	7:17	1.0	7:00	0.8	7:16	6:31	
15	Fri	1:03	3.0	1:48	2.7	7:58	1.0	7:49	0.9	7:17	6:29	
16	Sat	1:52	3.0	2:39	2.7	8:47	1.0	8:46	0.9	7:18	6:28	
17	Sun	2:49	2.9	3:39	2.7	9:45	1.0	9:53	0.9	7:19	6:27	
18	Mon	3:56	2.9	4:43	2.8	10:45	0.9	11:03	0.8	7:20	6:25	
19	Tue	5:05	2.9	5:41	3.0	11:43	0.7			7:21	6:24	
20	Wed	6:05	3.0	6:34	3.2	12:09	0.6	12:38	0.5	7:22	6:22	
21	Thu	7:00	3.1	7:24	3.4	1:11	0.4	1:31	0.3	7:23	6:21	
22	Fri	7:52	3.2	8:13	3.5	2:09	0.2	2:22	0.2	7:24	6:20	
23	Sat	8:42	3.2	9:01	3.6	3:04	0.1	3:12	0.1	7:26	6:18	
24	Sun	9:32	3.2	9:50	3.5	3:56	0.0	4:02	0.1	7:27	6:17	
25	Mon	10:22	3.1	10:40	3.5	4:50	0.1	4:53	0.1	7:28	6:16	
26	Tue	11:16	3.0	11:34	3.3	5:44	0.1	5:48	0.2	7:29	6:15	
27	Wed			12:14	2.9	6:39	0.2	6:45	0.3	7:30	6:13	
28	Thu	12:32	3.2	1:14	2.8	7:34	0.3	7:42	0.4	7:31	6:12	
29	Fri	1:32	3.0	2:15	2.7	8:28	0.4	8:42	0.5	7:32	6:11	
30	Sat	2:34	2.9	3:18	2.7	9:25	0.5	9:44	0.6	7:33	6:10	
31	Sun	2:40	2.8	3:22	2.7	9:21	0.5	9:45	0.6	6:34	5:09	