

Alexandria, VA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:45	2.7	4:21	2.8	10:15	0.5	10:43	0.5	6:35	5:07	
2	Tue	4:43	2.7	5:14	2.9	11:06	0.4	11:38	0.4	6:36	5:06	
3	Wed	5:35	2.8	6:01	3.0	11:54	0.4			6:37	5:05	
4	Thu	6:23	2.8	6:45	3.0	12:30	0.3	12:39	0.3	6:38	5:04	
5	Fri	7:07	2.8	7:25	3.0	1:17	0.3	1:20	0.3	6:39	5:03	
6	Sat	7:49	2.8	8:02	3.0	2:00	0.2	1:57	0.3	6:41	5:02	
7	Sun	8:29	2.8	8:36	3.0	2:41	0.3	2:32	0.3	6:42	5:01	
8	Mon	9:06	2.7	9:08	3.0	3:20	0.3	3:06	0.3	6:43	5:00	
9	Tue	9:42	2.6	9:39	2.9	3:58	0.4	3:40	0.4	6:44	4:59	
10	Wed	10:18	2.6	10:12	2.9	4:36	0.4	4:17	0.4	6:45	4:58	
11	Thu	10:54	2.5	10:51	2.9	5:13	0.5	4:58	0.5	6:46	4:57	
12	Fri	11:33	2.5	11:36	2.9	5:51	0.5	5:42	0.5	6:47	4:57	
13	Sat			12:16	2.6	6:29	0.5	6:29	0.5	6:48	4:56	
14	Sun	12:25	2.8	1:04	2.6	7:12	0.5	7:23	0.5	6:49	4:55	
15	Mon	1:19	2.8	1:59	2.6	8:03	0.5	8:26	0.5	6:51	4:54	
16	Tue	2:22	2.7	3:01	2.7	9:02	0.4	9:37	0.4	6:52	4:53	
17	Wed	3:30	2.7	4:05	2.8	10:02	0.3	10:45	0.3	6:53	4:53	
18	Thu	4:36	2.7	5:03	3.0	11:01	0.1	11:50	0.1	6:54	4:52	
19	Fri	5:34	2.8	5:57	3.1			12:00	0.0	6:55	4:51	
20	Sat	6:29	2.8	6:50	3.2	12:51	-0.1	12:57	-0.2	6:56	4:51	
21	Sun	7:23	2.8	7:41	3.3	1:48	-0.2	1:51	-0.3	6:57	4:50	
22	Mon	8:15	2.8	8:32	3.2	2:41	-0.3	2:44	-0.3	6:58	4:50	
23	Tue	9:07	2.8	9:24	3.1	3:34	-0.3	3:37	-0.3	6:59	4:49	
24	Wed	10:00	2.7	10:17	3.0	4:26	-0.3	4:32	-0.2	7:00	4:49	
25	Thu	10:57	2.6	11:14	2.8	5:19	-0.2	5:28	-0.1	7:01	4:48	
26	Fri	11:54	2.6			6:10	-0.1	6:23	0.0	7:02	4:48	
27	Sat	12:13	2.7	12:51	2.5	7:00	0.0	7:19	0.1	7:03	4:48	
28	Sun	1:11	2.6	1:49	2.5	7:51	0.1	8:16	0.2	7:04	4:47	
29	Mon	2:10	2.4	2:47	2.5	8:43	0.1	9:15	0.2	7:05	4:47	
30	Tue	3:12	2.4	3:46	2.5	9:34	0.1	10:12	0.2	7:06	4:47	