

Alexandria, VA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:13	3.2	6:41	2.8	12:00	0.6	12:54	0.5	5:46	8:37	
2	Sun	7:01	3.2	7:31	2.8	12:51	0.6	1:45	0.4	5:47	8:37	
3	Mon	7:46	3.2	8:18	2.9	1:40	0.6	2:32	0.4	5:47	8:36	
4	Tue	8:28	3.2	9:02	2.9	2:25	0.6	3:15	0.3	5:48	8:36	
5	Wed	9:08	3.2	9:43	2.9	3:07	0.6	3:54	0.4	5:48	8:36	
6	Thu	9:45	3.2	10:22	2.9	3:46	0.6	4:32	0.4	5:49	8:36	
7	Fri	10:20	3.1	10:59	2.8	4:24	0.7	5:07	0.5	5:49	8:36	
8	Sat	10:55	3.1	11:34	2.8	5:02	0.8	5:41	0.5	5:50	8:35	
9	Sun	11:30	3.0			5:41	0.8	6:13	0.6	5:51	8:35	
10	Mon	12:08	2.9	12:08	3.0	6:21	0.8	6:45	0.6	5:51	8:35	
11	Tue	12:43	2.9	12:50	3.0	7:02	0.8	7:19	0.6	5:52	8:34	
12	Wed	1:22	3.0	1:36	2.9	7:46	0.9	7:58	0.6	5:53	8:34	
13	Thu	2:07	3.0	2:27	2.8	8:38	0.9	8:44	0.6	5:53	8:33	
14	Fri	2:58	3.1	3:27	2.8	9:42	0.9	9:40	0.6	5:54	8:33	
15	Sat	3:58	3.1	4:35	2.7	10:54	0.9	10:44	0.6	5:55	8:32	
16	Sun	5:02	3.2	5:41	2.8			12:02	0.8	5:55	8:32	
17	Mon	6:03	3.3	6:41	2.8			1:06	0.6	5:56	8:31	
18	Tue	7:00	3.4	7:38	2.9	1:00	0.5	2:05	0.4	5:57	8:31	
19	Wed	7:56	3.5	8:32	3.0	2:04	0.3	2:58	0.2	5:58	8:30	
20	Thu	8:50	3.5	9:25	3.1	3:03	0.2	3:49	0.1	5:59	8:29	
21	Fri	9:43	3.5	10:17	3.2	3:59	0.2	4:39	0.0	5:59	8:29	
22	Sat	10:36	3.4	11:10	3.2	4:54	0.2	5:29	0.1	6:00	8:28	
23	Sun	11:30	3.3			5:50	0.2	6:19	0.1	6:01	8:27	
24	Mon	12:05	3.2	12:27	3.1	6:46	0.3	7:08	0.2	6:02	8:26	
25	Tue	1:01	3.1	1:24	3.0	7:41	0.4	7:57	0.3	6:03	8:26	
26	Wed	1:56	3.1	2:22	2.9	8:37	0.5	8:47	0.4	6:03	8:25	
27	Thu	2:52	3.1	3:21	2.8	9:35	0.7	9:39	0.6	6:04	8:24	
28	Fri	3:51	3.0	4:23	2.7	10:34	0.7	10:34	0.7	6:05	8:23	
29	Sat	4:50	3.0	5:22	2.7	11:31	0.7	11:28	0.7	6:06	8:22	
30	Sun	5:45	3.0	6:17	2.7			12:25	0.6	6:07	8:21	
31	Mon	6:35	3.1	7:08	2.8	12:20	0.7	1:16	0.6	6:08	8:20	