

Alexandria, VA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:22	3.1	7:55	2.9	1:11	0.7	2:03	0.5	6:09	8:19	
2	Wed	8:05	3.2	8:38	2.9	1:58	0.6	2:45	0.4	6:10	8:18	
3	Thu	8:45	3.2	9:18	2.9	2:42	0.6	3:24	0.4	6:10	8:17	
4	Fri	9:22	3.2	9:54	2.9	3:23	0.6	4:00	0.4	6:11	8:16	
5	Sat	9:56	3.1	10:27	2.9	4:01	0.6	4:34	0.4	6:12	8:15	
6	Sun	10:29	3.1	10:57	3.0	4:39	0.6	5:07	0.5	6:13	8:14	
7	Mon	11:03	3.1	11:29	3.0	5:18	0.7	5:39	0.5	6:14	8:13	
8	Tue	11:40	3.0			5:57	0.7	6:12	0.5	6:15	8:12	
9	Wed	12:05	3.1	12:22	3.0	6:39	0.8	6:48	0.5	6:16	8:10	
10	Thu	12:46	3.1	1:08	2.9	7:23	0.8	7:28	0.6	6:17	8:09	
11	Fri	1:33	3.2	1:59	2.9	8:15	0.9	8:15	0.6	6:18	8:08	
12	Sat	2:25	3.2	2:58	2.8	9:19	0.9	9:13	0.7	6:19	8:07	
13	Sun	3:26	3.2	4:08	2.7	10:33	0.9	10:25	0.7	6:19	8:06	
14	Mon	4:35	3.2	5:20	2.8	11:42	0.8	11:39	0.6	6:20	8:04	
15	Tue	5:43	3.3	6:23	2.9			12:45	0.6	6:21	8:03	
16	Wed	6:44	3.4	7:21	3.0	12:48	0.5	1:44	0.4	6:22	8:02	
17	Thu	7:42	3.4	8:15	3.2	1:52	0.4	2:37	0.2	6:23	8:00	
18	Fri	8:36	3.5	9:07	3.3	2:50	0.2	3:27	0.1	6:24	7:59	
19	Sat	9:28	3.5	9:57	3.3	3:44	0.1	4:15	0.1	6:25	7:58	
20	Sun	10:19	3.4	10:46	3.3	4:37	0.1	5:02	0.1	6:26	7:56	
21	Mon	11:11	3.3	11:37	3.3	5:31	0.2	5:50	0.2	6:27	7:55	
22	Tue			12:04	3.1	6:24	0.4	6:37	0.3	6:28	7:54	
23	Wed	12:30	3.2	12:59	3.0	7:17	0.5	7:24	0.5	6:28	7:52	
24	Thu	1:23	3.2	1:54	2.9	8:10	0.7	8:11	0.6	6:29	7:51	
25	Fri	2:16	3.1	2:50	2.8	9:05	0.8	9:01	0.8	6:30	7:49	
26	Sat	3:13	3.0	3:51	2.7	10:02	0.9	9:55	0.9	6:31	7:48	
27	Sun	4:13	3.0	4:53	2.7	10:58	0.9	10:52	0.9	6:32	7:46	
28	Mon	5:12	3.0	5:49	2.7	11:51	0.9	11:47	0.9	6:33	7:45	
29	Tue	6:06	3.0	6:40	2.8			12:41	0.8	6:34	7:43	
30	Wed	6:55	3.1	7:27	2.9	12:39	0.8	1:28	0.7	6:35	7:42	
31	Thu	7:39	3.1	8:10	3.0	1:29	0.7	2:11	0.6	6:36	7:40	