

Alexandria, VA - Sep 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:20	3.2	8:48	3.1	2:16	0.7	2:50	0.5	6:36	7:39	
2	Sat	8:57	3.2	9:22	3.1	2:58	0.6	3:26	0.5	6:37	7:37	
3	Sun	9:31	3.2	9:53	3.1	3:38	0.6	4:00	0.5	6:38	7:36	
4	Mon	10:04	3.2	10:23	3.2	4:17	0.6	4:33	0.5	6:39	7:34	
5	Tue	10:38	3.1	10:56	3.2	4:56	0.7	5:07	0.5	6:40	7:33	
6	Wed	11:15	3.1	11:34	3.3	5:38	0.7	5:43	0.6	6:41	7:31	
7	Thu	11:58	3.1			6:22	0.8	6:23	0.6	6:42	7:30	
8	Fri	12:18	3.3	12:46	3.0	7:09	0.9	7:08	0.7	6:43	7:28	
9	Sat	1:07	3.3	1:39	2.9	8:03	0.9	7:59	0.7	6:44	7:26	
10	Sun	2:01	3.3	2:39	2.8	9:06	1.0	9:02	0.8	6:44	7:25	
11	Mon	3:04	3.2	3:51	2.8	10:17	1.0	10:18	0.8	6:45	7:23	
12	Tue	4:16	3.2	5:04	2.9	11:24	0.8	11:32	0.7	6:46	7:22	
13	Wed	5:28	3.2	6:08	3.0			12:25	0.7	6:47	7:20	
14	Thu	6:31	3.3	7:05	3.2	12:39	0.6	1:22	0.5	6:48	7:18	
15	Fri	7:29	3.4	7:58	3.3	1:41	0.4	2:15	0.3	6:49	7:17	
16	Sat	8:22	3.4	8:48	3.4	2:37	0.2	3:04	0.2	6:50	7:15	
17	Sun	9:12	3.4	9:36	3.4	3:29	0.2	3:50	0.2	6:51	7:14	
18	Mon	10:01	3.3	10:22	3.4	4:20	0.2	4:35	0.2	6:52	7:12	
19	Tue	10:49	3.2	11:09	3.4	5:10	0.3	5:20	0.4	6:52	7:10	
20	Wed	11:39	3.1	11:57	3.3	6:00	0.5	6:04	0.5	6:53	7:09	
21	Thu			12:31	3.0	6:50	0.6	6:49	0.7	6:54	7:07	
22	Fri	12:47	3.2	1:24	2.9	7:40	0.8	7:33	0.8	6:55	7:06	
23	Sat	1:38	3.1	2:18	2.8	8:30	0.9	8:20	1.0	6:56	7:04	
24	Sun	2:31	3.0	3:16	2.7	9:23	1.0	9:12	1.1	6:57	7:02	
25	Mon	3:29	2.9	4:17	2.7	10:17	1.1	10:11	1.1	6:58	7:01	
26	Tue	4:32	2.9	5:15	2.7	11:10	1.0	11:09	1.1	6:59	6:59	
27	Wed	5:30	2.9	6:07	2.8	11:59	0.9			7:00	6:58	
28	Thu	6:21	3.0	6:53	2.9	12:04	1.0	12:46	0.8	7:01	6:56	
29	Fri	7:07	3.0	7:35	3.0	12:57	0.8	1:30	0.7	7:02	6:54	
30	Sat	7:49	3.1	8:13	3.1	1:46	0.7	2:11	0.6	7:02	6:53	