

Alexandria, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:47	2.8	1:50	2.8	7:51	1.0	8:07	0.7	5:46	8:37	
2	Mon	2:28	2.8	2:37	2.7	8:39	1.0	8:48	0.8	5:46	8:37	
3	Tue	3:13	2.9	3:32	2.6	9:36	1.1	9:36	0.8	5:47	8:37	
4	Wed	4:06	2.9	4:34	2.6	10:40	1.0	10:32	0.8	5:48	8:36	
5	Thu	5:00	3.0	5:33	2.6	11:42	0.9	11:29	0.7	5:48	8:36	
6	Fri	5:52	3.1	6:26	2.7			12:42	0.8	5:49	8:36	
7	Sat	6:41	3.2	7:17	2.8	12:28	0.6	1:39	0.6	5:49	8:36	
8	Sun	7:30	3.4	8:06	2.9	1:28	0.5	2:32	0.4	5:50	8:35	
9	Mon	8:19	3.4	8:55	2.9	2:26	0.4	3:21	0.3	5:50	8:35	
10	Tue	9:08	3.5	9:43	3.0	3:20	0.4	4:10	0.2	5:51	8:35	
11	Wed	9:57	3.4	10:33	3.1	4:14	0.3	4:58	0.2	5:52	8:34	
12	Thu	10:49	3.4	11:25	3.1	5:10	0.3	5:48	0.1	5:52	8:34	
13	Fri	11:44	3.3			6:07	0.3	6:38	0.2	5:53	8:33	
14	Sat	12:21	3.1	12:42	3.2	7:04	0.4	7:29	0.2	5:54	8:33	
15	Sun	1:18	3.1	1:41	3.1	8:01	0.4	8:20	0.3	5:55	8:33	
16	Mon	2:15	3.1	2:42	2.9	9:01	0.5	9:14	0.4	5:55	8:32	
17	Tue	3:15	3.1	3:46	2.8	10:03	0.6	10:11	0.4	5:56	8:31	
18	Wed	4:17	3.1	4:50	2.8	11:04	0.5	11:08	0.5	5:57	8:31	
19	Thu	5:18	3.1	5:50	2.8			12:04	0.5	5:58	8:30	
20	Fri	6:13	3.2	6:45	2.8	12:04	0.5	1:00	0.4	5:58	8:30	
21	Sat	7:03	3.2	7:37	2.9	12:59	0.5	1:52	0.3	5:59	8:29	
22	Sun	7:51	3.2	8:25	2.9	1:50	0.5	2:40	0.3	6:00	8:28	
23	Mon	8:35	3.2	9:09	2.9	2:38	0.5	3:23	0.3	6:01	8:27	
24	Tue	9:17	3.2	9:51	2.9	3:21	0.5	4:03	0.3	6:02	8:27	
25	Wed	9:56	3.2	10:31	2.9	4:02	0.6	4:41	0.4	6:02	8:26	
26	Thu	10:34	3.1	11:09	2.9	4:41	0.7	5:16	0.5	6:03	8:25	
27	Fri	11:12	3.0	11:46	2.9	5:20	0.7	5:50	0.6	6:04	8:24	
28	Sat	11:50	3.0			5:58	0.8	6:20	0.6	6:05	8:23	
29	Sun	12:22	2.9	12:28	2.9	6:37	0.9	6:50	0.6	6:06	8:22	
30	Mon	12:57	2.9	1:08	2.8	7:16	0.9	7:23	0.7	6:07	8:21	
31	Tue	1:34	2.9	1:51	2.7	7:59	1.0	8:02	0.7	6:08	8:20	