

Alexandria, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:17	3.0	2:41	2.7	8:52	1.0	8:50	0.7	6:08	8:19	
2	Thu	3:08	3.0	3:42	2.6	9:57	1.1	9:47	0.8	6:09	8:18	
3	Fri	4:09	3.0	4:50	2.6	11:06	1.0	10:52	0.7	6:10	8:17	
4	Sat	5:12	3.1	5:53	2.7			12:10	0.8	6:11	8:16	
5	Sun	6:11	3.2	6:49	2.8			1:11	0.6	6:12	8:15	
6	Mon	7:06	3.3	7:42	2.9	1:06	0.5	2:06	0.4	6:13	8:14	
7	Tue	7:59	3.4	8:33	3.1	2:08	0.4	2:57	0.3	6:14	8:13	
8	Wed	8:52	3.5	9:23	3.2	3:05	0.3	3:46	0.1	6:15	8:12	
9	Thu	9:43	3.5	10:13	3.3	4:00	0.2	4:34	0.1	6:16	8:11	
10	Fri	10:35	3.4	11:04	3.3	4:54	0.2	5:23	0.1	6:16	8:10	
11	Sat	11:29	3.3	11:58	3.3	5:50	0.2	6:13	0.1	6:17	8:08	
12	Sun			12:25	3.2	6:46	0.3	7:03	0.2	6:18	8:07	
13	Mon	12:54	3.2	1:23	3.0	7:43	0.4	7:54	0.3	6:19	8:06	
14	Tue	1:50	3.2	2:22	2.9	8:41	0.5	8:47	0.5	6:20	8:05	
15	Wed	2:48	3.1	3:24	2.8	9:41	0.6	9:44	0.6	6:21	8:03	
16	Thu	3:51	3.1	4:29	2.7	10:42	0.7	10:42	0.7	6:22	8:02	
17	Fri	4:54	3.1	5:30	2.8	11:40	0.6	11:40	0.7	6:23	8:01	
18	Sat	5:51	3.1	6:26	2.8			12:35	0.6	6:24	7:59	
19	Sun	6:43	3.1	7:17	2.9	12:35	0.7	1:26	0.5	6:25	7:58	
20	Mon	7:31	3.2	8:04	3.0	1:27	0.6	2:13	0.4	6:26	7:57	
21	Tue	8:16	3.2	8:47	3.0	2:15	0.6	2:55	0.4	6:26	7:55	
22	Wed	8:57	3.2	9:26	3.1	2:59	0.6	3:33	0.4	6:27	7:54	
23	Thu	9:35	3.2	10:03	3.1	3:39	0.6	4:08	0.5	6:28	7:52	
24	Fri	10:11	3.1	10:36	3.0	4:17	0.6	4:41	0.5	6:29	7:51	
25	Sat	10:45	3.1	11:08	3.0	4:54	0.7	5:11	0.6	6:30	7:50	
26	Sun	11:19	3.0	11:38	3.1	5:31	0.8	5:41	0.6	6:31	7:48	
27	Mon	11:54	2.9			6:08	0.9	6:12	0.7	6:32	7:47	
28	Tue	12:12	3.1	12:33	2.9	6:47	0.9	6:48	0.7	6:33	7:45	
29	Wed	12:51	3.1	1:16	2.8	7:29	1.0	7:28	0.7	6:34	7:44	
30	Thu	1:36	3.1	2:05	2.8	8:19	1.1	8:16	0.8	6:35	7:42	
31	Fri	2:28	3.1	3:04	2.7	9:23	1.1	9:15	0.9	6:35	7:41	