

Alexandria, VA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:14	3.1	5:01	2.9	11:16	0.9	11:29	0.8	7:03	6:52	
2	Tue	5:26	3.2	6:04	3.0			12:17	0.7	7:04	6:50	
3	Wed	6:29	3.3	7:00	3.2	12:37	0.6	1:14	0.5	7:05	6:49	
4	Thu	7:26	3.4	7:52	3.4	1:39	0.4	2:07	0.3	7:06	6:47	
5	Fri	8:19	3.4	8:42	3.5	2:36	0.2	2:57	0.2	7:07	6:45	
6	Sat	9:10	3.4	9:31	3.5	3:29	0.1	3:44	0.1	7:08	6:44	
7	Sun	10:00	3.3	10:18	3.5	4:21	0.1	4:31	0.2	7:09	6:42	
8	Mon	10:50	3.2	11:07	3.4	5:13	0.2	5:19	0.3	7:10	6:41	
9	Tue	11:43	3.1	11:59	3.3	6:06	0.3	6:08	0.4	7:11	6:39	
10	Wed			12:38	3.0	6:59	0.5	6:58	0.6	7:12	6:38	
11	Thu	12:53	3.2	1:34	2.8	7:51	0.6	7:49	0.7	7:13	6:36	
12	Fri	1:48	3.1	2:32	2.8	8:44	0.7	8:42	0.9	7:14	6:35	
13	Sat	2:45	2.9	3:32	2.7	9:39	0.8	9:40	1.0	7:15	6:33	
14	Sun	3:48	2.9	4:34	2.7	10:33	0.9	10:39	1.0	7:16	6:32	
15	Mon	4:51	2.8	5:30	2.8	11:25	0.8	11:36	0.9	7:17	6:30	
16	Tue	5:47	2.9	6:21	2.9			12:14	0.7	7:18	6:29	
17	Wed	6:38	2.9	7:07	3.0	12:29	0.8	12:59	0.6	7:19	6:28	
18	Thu	7:23	3.0	7:48	3.1	1:19	0.7	1:42	0.5	7:20	6:26	
19	Fri	8:05	3.0	8:26	3.1	2:06	0.6	2:21	0.5	7:21	6:25	
20	Sat	8:44	3.0	9:00	3.2	2:49	0.5	2:58	0.4	7:22	6:23	
21	Sun	9:19	3.0	9:31	3.2	3:29	0.5	3:32	0.4	7:23	6:22	
22	Mon	9:52	2.9	10:00	3.2	4:08	0.5	4:06	0.5	7:24	6:21	
23	Tue	10:25	2.9	10:33	3.2	4:48	0.6	4:42	0.5	7:25	6:19	
24	Wed	11:02	2.8	11:12	3.2	5:29	0.6	5:21	0.5	7:26	6:18	
25	Thu	11:43	2.8	11:56	3.2	6:13	0.6	6:05	0.6	7:27	6:17	
26	Fri			12:31	2.8	6:59	0.7	6:53	0.6	7:28	6:15	
27	Sat	12:46	3.2	1:24	2.7	7:48	0.7	7:48	0.7	7:29	6:14	
28	Sun	1:42	3.1	1:22	2.7	7:45	0.7	7:52	0.7	6:30	5:13	
29	Mon	1:44	3.0	2:29	2.7	8:48	0.7	9:07	0.7	6:31	5:12	
30	Tue	2:56	3.0	3:39	2.8	9:52	0.6	10:18	0.5	6:32	5:11	
31	Wed	4:08	3.0	4:43	3.0	10:51	0.4	11:23	0.3	6:33	5:09	