

Alexandria, VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:12	3.0	5:39	3.1	11:48	0.2			6:34	5:08	
2	Fri	6:09	3.1	6:32	3.3	12:24	0.1	12:42	0.1	6:35	5:07	
3	Sat	7:02	3.1	7:22	3.3	1:21	0.0	1:33	0.0	6:37	5:06	
4	Sun	7:53	3.1	8:10	3.4	2:14	-0.1	2:21	-0.1	6:38	5:05	
5	Mon	8:42	3.0	8:57	3.3	3:04	-0.1	3:08	0.0	6:39	5:04	
6	Tue	9:31	2.9	9:44	3.2	3:54	0.0	3:55	0.1	6:40	5:03	
7	Wed	10:21	2.8	10:33	3.1	4:44	0.1	4:42	0.2	6:41	5:02	
8	Thu	11:14	2.7	11:24	3.0	5:34	0.2	5:30	0.4	6:42	5:01	
9	Fri			12:07	2.6	6:22	0.3	6:19	0.5	6:43	5:00	
10	Sat	12:16	2.8	1:01	2.6	7:10	0.5	7:08	0.6	6:44	4:59	
11	Sun	1:10	2.7	1:56	2.5	7:58	0.5	8:01	0.7	6:45	4:58	
12	Mon	2:07	2.6	2:53	2.5	8:47	0.6	8:58	0.7	6:46	4:57	
13	Tue	3:09	2.5	3:50	2.6	9:37	0.6	9:56	0.7	6:48	4:56	
14	Wed	4:07	2.5	4:41	2.6	10:25	0.5	10:51	0.6	6:49	4:56	
15	Thu	5:00	2.5	5:28	2.7	11:11	0.4	11:43	0.5	6:50	4:55	
16	Fri	5:48	2.6	6:10	2.8	11:56	0.3			6:51	4:54	
17	Sat	6:31	2.6	6:49	2.9	12:33	0.3	12:40	0.2	6:52	4:53	
18	Sun	7:12	2.6	7:25	2.9	1:20	0.2	1:21	0.1	6:53	4:53	
19	Mon	7:50	2.6	7:59	3.0	2:04	0.2	2:01	0.1	6:54	4:52	
20	Tue	8:26	2.6	8:33	3.0	2:47	0.1	2:41	0.1	6:55	4:51	
21	Wed	9:03	2.6	9:11	3.0	3:29	0.1	3:22	0.1	6:56	4:51	
22	Thu	9:43	2.6	9:53	3.0	4:13	0.1	4:07	0.1	6:57	4:50	
23	Fri	10:27	2.6	10:41	3.0	4:59	0.1	4:57	0.1	6:58	4:50	
24	Sat	11:17	2.6	11:33	2.9	5:47	0.1	5:50	0.1	7:00	4:49	
25	Sun			12:11	2.6	6:36	0.1	6:46	0.2	7:01	4:49	
26	Mon	12:30	2.8	1:08	2.6	7:29	0.1	7:48	0.2	7:02	4:48	
27	Tue	1:32	2.7	2:11	2.6	8:26	0.1	8:57	0.2	7:03	4:48	
28	Wed	2:41	2.6	3:18	2.6	9:27	0.0	10:04	0.1	7:04	4:47	
29	Thu	3:51	2.6	4:22	2.7	10:26	0.0	11:08	-0.1	7:05	4:47	
30	Fri	4:54	2.6	5:20	2.8	11:23	-0.2			7:06	4:47	