

Alexandria, VA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:10	3.2	12:35	3.2	6:59	0.4	7:17	0.3	6:09	8:19	
2	Sat	1:04	3.2	1:33	3.0	7:55	0.5	8:07	0.3	6:10	8:18	
3	Sun	2:00	3.2	2:33	2.9	8:56	0.6	9:02	0.4	6:11	8:17	
4	Mon	3:00	3.2	3:38	2.8	10:00	0.6	10:02	0.5	6:12	8:16	
5	Tue	4:05	3.1	4:46	2.8	11:04	0.6	11:04	0.6	6:13	8:14	
6	Wed	5:10	3.1	5:49	2.8			12:05	0.5	6:14	8:13	
7	Thu	6:09	3.2	6:46	2.8	12:04	0.6	1:02	0.4	6:14	8:12	
8	Fri	7:03	3.2	7:39	2.9	1:03	0.5	1:56	0.3	6:15	8:11	
9	Sat	7:53	3.3	8:28	3.0	1:57	0.5	2:44	0.2	6:16	8:10	
10	Sun	8:40	3.3	9:14	3.0	2:47	0.5	3:29	0.2	6:17	8:09	
11	Mon	9:24	3.2	9:56	3.0	3:33	0.5	4:10	0.3	6:18	8:07	
12	Tue	10:06	3.2	10:37	3.0	4:16	0.6	4:48	0.4	6:19	8:06	
13	Wed	10:47	3.1	11:18	3.0	4:58	0.6	5:25	0.5	6:20	8:05	
14	Thu	11:29	3.0	11:57	3.0	5:39	0.8	5:59	0.6	6:21	8:04	
15	Fri			12:10	2.9	6:19	0.8	6:30	0.7	6:22	8:02	
16	Sat	12:36	3.0	12:52	2.8	6:59	0.9	7:00	0.7	6:23	8:01	
17	Sun	1:14	3.0	1:34	2.7	7:39	1.0	7:34	0.8	6:24	8:00	
18	Mon	1:53	2.9	2:19	2.6	8:25	1.1	8:15	0.9	6:24	7:58	
19	Tue	2:37	2.9	3:13	2.5	9:21	1.2	9:05	0.9	6:25	7:57	
20	Wed	3:31	2.9	4:17	2.5	10:25	1.2	10:07	0.9	6:26	7:56	
21	Thu	4:34	3.0	5:20	2.6	11:27	1.1	11:13	0.9	6:27	7:54	
22	Fri	5:34	3.1	6:15	2.7			12:25	0.9	6:28	7:53	
23	Sat	6:28	3.2	7:05	2.8	12:17	0.8	1:20	0.7	6:29	7:51	
24	Sun	7:18	3.3	7:52	3.0	1:19	0.6	2:10	0.5	6:30	7:50	
25	Mon	8:08	3.4	8:38	3.1	2:17	0.5	2:57	0.4	6:31	7:48	
26	Tue	8:56	3.4	9:23	3.3	3:10	0.3	3:42	0.3	6:32	7:47	
27	Wed	9:44	3.4	10:09	3.4	4:01	0.3	4:28	0.2	6:32	7:46	
28	Thu	10:33	3.4	10:56	3.4	4:53	0.2	5:15	0.2	6:33	7:44	
29	Fri	11:24	3.3	11:48	3.4	5:48	0.3	6:03	0.2	6:34	7:43	
30	Sat			12:19	3.2	6:44	0.4	6:54	0.3	6:35	7:41	
31	Sun	12:42	3.4	1:17	3.1	7:40	0.5	7:45	0.4	6:36	7:40	