

Alexandria, VA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:07	3.4	7:47	2.8	1:02	0.6	2:13	0.4	5:46	8:37	
2	Sun	8:00	3.4	8:41	2.8	2:01	0.6	3:05	0.3	5:47	8:37	
3	Mon	8:50	3.3	9:31	2.8	2:56	0.6	3:53	0.3	5:47	8:36	
4	Tue	9:38	3.2	10:20	2.8	3:47	0.6	4:39	0.3	5:48	8:36	
5	Wed	10:26	3.1	11:08	2.8	4:37	0.7	5:23	0.4	5:48	8:36	
6	Thu	11:14	3.0	11:56	2.8	5:26	0.7	6:05	0.5	5:49	8:36	
7	Fri			12:03	2.9	6:14	0.8	6:45	0.6	5:50	8:36	
8	Sat	12:43	2.8	12:52	2.8	7:00	0.9	7:21	0.7	5:50	8:35	
9	Sun	1:29	2.8	1:41	2.7	7:46	1.0	7:56	0.8	5:51	8:35	
10	Mon	2:14	2.8	2:30	2.6	8:34	1.1	8:31	0.8	5:51	8:35	
11	Tue	3:01	2.8	3:23	2.5	9:27	1.1	9:12	0.9	5:52	8:34	
12	Wed	3:53	2.9	4:23	2.4	10:25	1.2	10:01	0.9	5:53	8:34	
13	Thu	4:47	2.9	5:21	2.4	11:24	1.1	10:55	0.9	5:54	8:33	
14	Fri	5:39	2.9	6:15	2.4			12:20	1.0	5:54	8:33	
15	Sat	6:26	3.0	7:04	2.5			1:14	0.9	5:55	8:32	
16	Sun	7:11	3.1	7:50	2.6	12:48	0.8	2:03	0.7	5:56	8:32	
17	Mon	7:54	3.1	8:32	2.7	1:45	0.8	2:48	0.6	5:56	8:31	
18	Tue	8:37	3.2	9:13	2.8	2:38	0.7	3:30	0.5	5:57	8:30	
19	Wed	9:19	3.2	9:52	2.9	3:27	0.6	4:11	0.4	5:58	8:30	
20	Thu	10:03	3.2	10:34	3.0	4:15	0.5	4:53	0.4	5:59	8:29	
21	Fri	10:49	3.2	11:18	3.1	5:05	0.5	5:35	0.3	6:00	8:28	
22	Sat	11:38	3.2			5:56	0.5	6:19	0.3	6:00	8:28	
23	Sun	12:06	3.1	12:30	3.1	6:49	0.5	7:03	0.3	6:01	8:27	
24	Mon	12:57	3.2	1:24	3.0	7:44	0.6	7:49	0.4	6:02	8:26	
25	Tue	1:49	3.2	2:21	2.8	8:43	0.7	8:40	0.5	6:03	8:25	
26	Wed	2:46	3.2	3:24	2.7	9:49	0.8	9:39	0.6	6:04	8:24	
27	Thu	3:49	3.1	4:33	2.6	10:56	0.8	10:43	0.7	6:05	8:24	
28	Fri	4:56	3.1	5:39	2.6			12:00	0.7	6:05	8:23	
29	Sat	5:58	3.1	6:40	2.7			1:00	0.6	6:06	8:22	
30	Sun	6:55	3.2	7:36	2.7	12:51	0.7	1:55	0.4	6:07	8:21	
31	Mon	7:48	3.2	8:27	2.8	1:51	0.6	2:45	0.3	6:08	8:20	