

Alexandria, VA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:03	3.0	4:28	2.6	10:34	1.0	10:30	0.8	5:46	8:37	
2	Mon	4:58	3.0	5:25	2.5	11:30	0.9	11:18	0.8	5:47	8:37	
3	Tue	5:49	3.0	6:18	2.5			12:24	0.9	5:47	8:36	
4	Wed	6:36	3.1	7:08	2.6	12:07	0.8	1:16	0.8	5:48	8:36	
5	Thu	7:21	3.1	7:55	2.6	12:57	0.8	2:03	0.7	5:48	8:36	
6	Fri	8:02	3.1	8:38	2.7	1:46	0.8	2:46	0.6	5:49	8:36	
7	Sat	8:41	3.1	9:17	2.7	2:32	0.7	3:25	0.5	5:49	8:36	
8	Sun	9:17	3.1	9:53	2.7	3:15	0.7	4:03	0.5	5:50	8:35	
9	Mon	9:52	3.1	10:26	2.8	3:57	0.7	4:39	0.5	5:51	8:35	
10	Tue	10:28	3.1	11:00	2.9	4:39	0.7	5:15	0.5	5:51	8:35	
11	Wed	11:08	3.1	11:37	2.9	5:22	0.7	5:51	0.5	5:52	8:34	
12	Thu	11:51	3.1			6:07	0.7	6:28	0.5	5:53	8:34	
13	Fri	12:18	3.0	12:38	3.0	6:53	0.7	7:06	0.5	5:53	8:33	
14	Sat	1:04	3.1	1:28	3.0	7:43	0.8	7:48	0.5	5:54	8:33	
15	Sun	1:53	3.2	2:23	2.8	8:40	0.8	8:35	0.5	5:55	8:32	
16	Mon	2:48	3.2	3:25	2.7	9:49	0.9	9:32	0.6	5:56	8:32	
17	Tue	3:50	3.2	4:35	2.6	11:01	0.9	10:39	0.6	5:56	8:31	
18	Wed	4:58	3.2	5:44	2.6			12:09	0.7	5:57	8:31	
19	Thu	6:02	3.3	6:46	2.7			1:13	0.6	5:58	8:30	
20	Fri	7:02	3.3	7:44	2.8	12:59	0.6	2:10	0.4	5:59	8:29	
21	Sat	7:58	3.3	8:39	2.9	2:04	0.5	3:03	0.3	5:59	8:29	
22	Sun	8:53	3.3	9:31	3.0	3:02	0.4	3:51	0.2	6:00	8:28	
23	Mon	9:44	3.2	10:20	3.0	3:55	0.4	4:37	0.2	6:01	8:27	
24	Tue	10:34	3.1	11:09	3.0	4:47	0.4	5:22	0.3	6:02	8:26	
25	Wed	11:24	3.0	11:58	3.0	5:38	0.5	6:06	0.4	6:03	8:26	
26	Thu			12:15	2.9	6:29	0.6	6:48	0.5	6:04	8:25	
27	Fri	12:47	3.0	1:06	2.8	7:18	0.7	7:28	0.6	6:04	8:24	
28	Sat	1:36	3.0	1:56	2.7	8:07	0.9	8:07	0.7	6:05	8:23	
29	Sun	2:24	2.9	2:49	2.6	8:59	1.0	8:48	0.8	6:06	8:22	
30	Mon	3:16	2.9	3:48	2.5	9:55	1.1	9:35	0.9	6:07	8:21	
31	Tue	4:12	2.9	4:49	2.4	10:53	1.1	10:29	1.0	6:08	8:20	