

Alexandria, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:09	2.9	5:46	2.4	11:48	1.0	11:26	1.0	6:09	8:19	
2	Thu	6:01	3.0	6:38	2.5			12:40	0.9	6:10	8:18	
3	Fri	6:49	3.0	7:25	2.6	12:22	0.9	1:28	0.8	6:11	8:17	
4	Sat	7:33	3.1	8:08	2.7	1:16	0.8	2:12	0.6	6:11	8:16	
5	Sun	8:14	3.1	8:46	2.8	2:07	0.7	2:53	0.5	6:12	8:15	
6	Mon	8:52	3.1	9:21	2.9	2:53	0.6	3:30	0.5	6:13	8:14	
7	Tue	9:29	3.2	9:54	3.0	3:36	0.6	4:06	0.4	6:14	8:13	
8	Wed	10:07	3.2	10:29	3.1	4:19	0.5	4:42	0.4	6:15	8:12	
9	Thu	10:47	3.2	11:08	3.2	5:03	0.6	5:20	0.4	6:16	8:10	
10	Fri	11:30	3.1	11:51	3.2	5:50	0.6	5:59	0.4	6:17	8:09	
11	Sat			12:17	3.0	6:39	0.7	6:40	0.4	6:18	8:08	
12	Sun	12:38	3.3	1:09	2.9	7:32	0.8	7:25	0.5	6:19	8:07	
13	Mon	1:29	3.3	2:04	2.8	8:31	0.9	8:16	0.6	6:20	8:05	
14	Tue	2:25	3.2	3:09	2.7	9:40	0.9	9:19	0.7	6:20	8:04	
15	Wed	3:30	3.2	4:23	2.6	10:50	0.9	10:34	0.8	6:21	8:03	
16	Thu	4:43	3.1	5:34	2.6	11:56	0.8	11:47	0.8	6:22	8:02	
17	Fri	5:52	3.1	6:37	2.8			12:56	0.6	6:23	8:00	
18	Sat	6:54	3.2	7:33	2.9	12:55	0.7	1:51	0.5	6:24	7:59	
19	Sun	7:50	3.2	8:25	3.0	1:56	0.5	2:41	0.4	6:25	7:58	
20	Mon	8:41	3.2	9:12	3.1	2:50	0.4	3:27	0.3	6:26	7:56	
21	Tue	9:29	3.2	9:57	3.2	3:40	0.4	4:10	0.3	6:27	7:55	
22	Wed	10:14	3.1	10:40	3.2	4:27	0.4	4:50	0.4	6:28	7:53	
23	Thu	10:59	3.0	11:24	3.1	5:14	0.5	5:30	0.5	6:29	7:52	
24	Fri	11:45	2.9			6:00	0.7	6:07	0.6	6:29	7:51	
25	Sat	12:08	3.1	12:32	2.8	6:46	0.8	6:42	0.8	6:30	7:49	
26	Sun	12:52	3.1	1:19	2.7	7:32	1.0	7:16	0.9	6:31	7:48	
27	Mon	1:37	3.0	2:09	2.6	8:19	1.1	7:54	1.0	6:32	7:46	
28	Tue	2:24	3.0	3:04	2.5	9:11	1.2	8:40	1.1	6:33	7:45	
29	Wed	3:18	2.9	4:07	2.4	10:08	1.3	9:39	1.1	6:34	7:43	
30	Thu	4:20	2.9	5:09	2.5	11:05	1.2	10:45	1.1	6:35	7:42	
31	Fri	5:21	2.9	6:03	2.6	11:57	1.1	11:48	1.0	6:36	7:40	